

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

BE MINE ~ VALENTINE!

1 9:30 a.m. Morning Stretch (MR) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service (MR) 1:30 p.m. BINGO with Jill! (CR) 3:00 p.m. Piano Recital+ Rada Bukhman Russian School Wellness Center/Ballroom 4:00 pm Hymn Sing Along Tu B'Shevat Begins (MR)	2 GROUNDHOG DAY 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Coffee & Cocoa + Positivity Journaling (CR) 11:00 a.m. Creative Writing(CR) 1:30 p.m. BINGO with Jill (CR) 4:15 p.m. Chair Exercise with Hand Weights (CR) 6:00 p.m. Evening Movie: (MR) Groundhog Day	3 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Activities Chat (CR) 11:15 a.m. Positive Journaling + Positive Living (CR) 1:30 p.m. BINGO! (CR) 3:00 p.m. Chair Exercise (CR) 4:00 p.m. Mexican Train (CR): 6:00 p.m. Evening Movie: (MR)	4 ROSA PARKS BIRTHDAY 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Pastry & Coffee Bar + Black History Documentary Media Room 1:30 p.m. BINGO with Jill (CR) 3:00 p.m. Special Ice Cream Social (CR) 4:00 p.m. Mexican Train (CR): 6:00 p.m. Evening Movie: (MR)	5 Chocolate Lovers-Fondue Day 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Card Bingo (CR) 1:30 pm BINGO with Jill (CR) 3:00 pm Fondue Party Happy Hour – Mix & Mingle AL Dining Room 4:00 pm Merry's Sing-a-Long (2 nd Floor Living Room) 6:00 p.m. Evening Movie: Concierge can set up	6 WINTER OLYMPICS OPENING CEREMONY 9:30 a.m. Morning Stretch 10:15 a.m. Winter Olympics Viewing (CR) 1:30 p.m. Bingo with Norma (CR) 2:45 p.m. Olympics Trivia on YouTube (MR) 6:00 p.m. Evening Movie (MR)	7 Resident-led Games 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Resident-Led Table Games (CR) 1:30 p.m. Bingo with Norma (CR) 2:45 p.m. Popcorn snack & TRIVIA on YouTube (MR)
8 SUPER BOWL SUNDAY 9:30 a.m. Morning Stretch (MR) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service (MR) 1:30 pm BINGO with Jill! (CR) 4:00 pm Hymn Sing Along (MR) 5:00 p.m. SUPER BOWL LX Viewing Party – 2 nd Floor Kitchen / AL	9 Custom Greeting Cards 9:30 a.m. Morning Stretch (CR) 10:15 a.m. Coffee & Cocoa + Positivity Journaling (CR) 11:00 a.m. Creative Writing (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. Custom Greeting Card Making with Denise (CR) 4:15 p.m. Chair Exercise (CR) 6:00 p.m. Evening Movie : (MR)	10 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Rummikub! (CR) 11:15 a.m. Positive Journaling + Positive Living (CR) 1:30 p.m. BINGO! (CR) 3:00 p.m. Chair Exercise (CR) 4:00 p.m. Mexican Train (CR): 6:00 p.m. Evening Movie: (MR)	11 VOODOO QUEEN OF NEW ORLEANS 9:30 a.m. Morning Stretch (CR) 10:00 a.m. Ashley's Food Chat + 10:30 a.m. Beignets & Chicory Coffee Bar (CR) 1:30 p.m. BINGO with Jill (CR) 3:00 p.m. Black History Month (CR) Documentary on Marie Laveau Voodoo Queen of New Orleans 4:00 p.m. Rummikub! (CR)	12 GIVING HEARTS DAY 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Card Bingo (CR) 1:30 pm BINGO with Jill (CR) 3:00 pm Valentine Party (Dining Room) 4:00 pm Merry's Sing-a-Long (2 nd Floor Living Room) 6:00 p.m. Evening Movie: Concierge can set up In Media Room	13 WINTER OLYMPICS Viewing 9:30 a.m. Morning Stretch (CR) 10:15 a.m. Winter Olympics Viewing & Card Bingo (CR) 1:30 p.m. Bingo with Norma (CR) 2:45 p.m. Olympics Viewing In Media Room 6:00 p.m. Evening Movie (MR)	14 VALENTINES DAY 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Movie:Romantic Comedy (MR) 1:30 p.m. Bingo with Norma (CR) 2:45 p.m. Popcorn snack & Valentine Trivia on YouTube (MR) Valentine's Day
15 9:30 a.m. Morning Stretch (MR) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service (MR) 1:30 pm BINGO with Jill! (CR) 4:00 pm Hymn Sing Along (MR) 6:00 p.m. Evening Movie: (MR)	16 Year of the Horse, Mardi Gras & Ramadan ~ all in one day 9:30 a.m. Morning Stretch (CR) 10:15 a.m. Coffee & Cocoa + Positivity Journaling (CR) 11:00 a.m. Creative Writing (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. 4:15 p.m. Chair Exercise (CR) 6:00 p.m. Evening Movie (MR) Presidents' Day (U.S.)	17 2:00 p.m. Mardi Gras Themed Birthday Bash- Music by Mr. Real AL Dining Room 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Rummikub! (CR) 3:00 p.m. Chair Exercise (CR) 4:00 p.m. Mexican Train (CR): Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 Resident Council Mtg. 9:30 a.m. Morning Stretch 9:30 a.m. ASH WEDNESDAY Dispensing of Ashes (MR) 11:15 a.m. Feb. Lunch Outing to OUTBACK via Bus 2:00 p.m. Resident Council Mtg. 3:00 p.m. Wine Down Wed. Social Mixer (DR) 4:00 p.m. Rummikub! (CR)	19 Thirsty Thursday 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Card Bingo (CR) 1:30 p.m. BINGO with Jill (CR) 3:00 p.m. Chair Exercise with Hand Weights (CR) 4:00 pm Merry's Sing-a-Long (2 nd Floor Living Room) 6:00 p.m. Evening Movie: Concierge can set up In Media Room	20 LION DANCE DAY 9:30 a.m. Morning Stretch (CR) 10:15 a.m. Winter Olympics Viewing & Card Bingo (CR) 1:30 p.m. Bingo with Norma (CR) 3:00 p.m. Chinese Lunar NY Celebration & Performance Wellness Center/Ballroom 6:00 p.m. Evening Movie (MR)	21 Resident-led Games 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Resident-Led Table Games (CR) 1:30 p.m. Bingo with Norma (CR) 2:45 p.m. Popcorn snack & TRIVIA on YouTube (MR)
22 Closing Ceremony-Olympics 9:30 a.m. Morning Stretch (MR) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service (MR) 1:30 pm BINGO with Jill! (CR) 4:00 pm Hymn Sing Along (MR) 6:00 p.m. Evening Movie: (MR)	23 9:30 a.m. Morning Stretch (CR) 10:15 a.m. Coffee & Cocoa + Positivity Journaling (CR) 11:00 a.m. Creative Writing (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. 4:15 p.m. Chair Exercise (CR) 6:00 p.m. Evening Movie : (MR)	24 MEXICAN FLAG DAY 9:30 a.m. Morning Stretch (CR) 10:00 a.m. Mexican Cooking Demo in Kensington 10:30 a.m. Rummikub! (CR) 11:15 a.m. Positive Journaling + Positive Living (CR) 1:30 p.m. BINGO! (CR) 3:00 p.m. Chair Exercise (CR) 4:00 p.m. Mexican Train (CR):	25 Sidney Portier, Actor/Activist 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Pastry & Coffee Bar + Black History Feature Movie Media Room 1:30 pm BINGO with Jill (CR) 3:00 pm Chair Exercise with Hand Weights (CR) 4:00 pm Merry's Sing-a-Long (2 nd Floor Living Room) 6:00 p.m. Evening Movie: Concierge can set up	26 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Card Bingo (CR) 1:30 pm BINGO with Jill (CR) 3:00 pm Chair Exercise with Hand Weights (CR) 4:00 pm Merry's Sing-a-Long (2 nd Floor Living Room) 6:00 p.m. Evening Movie: Concierge can set up	27 9:30 a.m. Morning Stretch (CR) 10:15 a.m. Card Bingo (CR) 1:30 p.m. Bingo with Norma (CR) 2:45 p.m. Trivia – General Knowledge (MR) 6:00 p.m. Evening Movie (MR)	28 Resident-led Games 9:30 a.m. Morning Stretch (CR) 10:30 a.m. Resident-Led Table Games (CR) 1:30 p.m. Bingo with Norma (CR) 2:45 p.m. Popcorn snack & TRIVIA on YouTube (MR)