

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026



<p>9:30 a.m. Morning Stretch (2<sup>nd</sup> Floor Fitness Room) <b>3</b></p> <p>10:00 a.m. Covenant Church Service (K)</p> <p>11:00 a.m. Catholic Service and Communion (MR)</p> <p>1:30 pm BINGO with Jill! (CR)</p> <p>4:00 pm Hymn Sing Along (MR)</p>	<p><b>STARWARS DAY</b> <b>4</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:15 a.m. Positivity Journaling Prompts. (CR)</p> <p>11:00 a.m. Creative Writing (CR)</p> <p>1:30 p.m. BINGO with Jill (CR)</p> <p>2:30 p.m. Star Wars Trivia(CR)</p> <p>4:15 p.m. Hand Strengthening &amp; Finger dexterity practice (CR)</p>	<p><b>CINCO de MAYO</b> <b>5</b></p> <p><i>Fiesta!</i></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. BINGO with Jill (CR)</p> <p>2:30 p.m. Cinco de Mayo Event in IL 2<sup>nd</sup> Floor Courtyard</p> <p>4:00 p.m. Mexican Train (CR):</p> <p><small>Cinco de Mayo</small></p>	<p><b>Shopping Day via Bus</b> <b>6</b></p> <p><b>Walmart</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:15 a.m. Rummikub! (CR)</p> <p>10:30 a.m. Bus departs for Walmart Shopping (Lobby)</p> <p>1:30 p.m. BINGO with Jill (CR)</p> <p>2:30 p.m. Mother's Day Photo Shoot in AL Main Lobby</p>	<p><b>National Nurses Week</b> <b>7</b></p> <p><b>Congrats Rukayat &amp; Tameka</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Card Bingo (CR)</p> <p>1:30 pm BINGO with Jill (CR)</p> <p>3:00 pm Chair Exercise with Hand Weights (2F)</p> <p>4:00 pm Merryl's Sing-a-Long (2<sup>nd</sup> Floor Living Room)</p>	<p><b>Happy Friday</b> <b>1</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Ragtime Piano with Will (MR)</p> <p>1:30 p.m. Bingo with Norma (CR)</p> <p>2:45 p.m. Trivia – General Knowledge (MR)</p> <p><small>May Day</small></p>	<p><b>KENTUCKY DERBY DAY</b> <b>2</b></p> <p><b>RESIDENT-LED GAMES</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:15 a.m. Kensington</p> <p>Kentucky Derby-Games+Photos</p> <p>1:30 p.m. Bingo (CR)</p> <p>2:45 p.m. TRIVIA on YouTube</p> <p>4:00 p.m. THE CHOSEN Group viewing (MR)</p>
<p><b>MOTHER'S DAY LUNCH</b> <b>10</b></p> <p>9:30 a.m. Morning Stretch</p> <p>10:00 a.m. Covenant Church Service (K)</p> <p>11:00 a.m. Catholic Service and Communion (MR)</p> <p>1:30 pm BINGO with Jill! (CR)</p> <p>4:00 pm Hymn Sing Along <small>Mother's Day National Skilled Nursing Care Week (MR)</small></p>	<p><b>Be Positive Day!</b> <b>11</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:15 a.m. Positivity Journaling Prompts. (CR)</p> <p>11:00 a.m. Creative Writing (CR)</p> <p>1:30 p.m. BINGO with Jill (CR)</p> <p>2:30 p.m. Trivia on YouTube</p> <p>4:15 p.m. Hand Strengthening &amp; Finger dexterity practice (CR)</p>	<p><b>Activity Chat Day</b> <b>12</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:15 a.m. Activity Chat (CR)</p> <p>10:45 a.m. Grief Support Group</p> <p>1:30 p.m. BINGO! (CR)</p> <p>3:00 p.m. Strengthen &amp; Tone Chair Exercise (2F)</p> <p>4:00 p.m. Mexican Train (CR):</p>	<p><b>Receptionist Day</b> <b>13</b></p> <p><b>Ashley, Carlotta, Hannah</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:15 a.m. Ashley's Food Chat (CR)</p> <p>1:30 p.m. BINGO with Jill (CR)</p> <p>3:00 p.m. Movie Matinee: 9 to 5 starring Jane Fonda, Lilly Tomlin, and Dolly Parton-Media Room</p>	<p><b>MAY BIRTHDAY BASH</b> <b>14</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. BINGO with Jill (CR)</p> <p>2:30 p.m. 2<sup>nd</sup> Annual Salsa Competition (AL Dining Room)</p> <p>3:00 pm Birthday Bash with Jesus Alvarado (AL Dining Rm)</p> <p>4:30 pm Card Bingo (CR)</p>	<p><b>Happy Friday</b> <b>15</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Jenga Blocks (CR)</p> <p>1:30 p.m. Bingo with Norma (CR)</p> <p>2:45 p.m. Trivia – General Knowledge (MR)</p> <p>6:00 p.m. Evening Movie (MR)</p>	<p><b>RESIDENT-LED GAMES</b> <b>16</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Resident-Led Table Games (CR)</p> <p>1:30 p.m. Bingo (CR)</p> <p>2:45 p.m. TRIVIA on YouTube</p> <p>4:00 p.m. THE CHOSEN Group viewing (MR)</p> <p><small>Armed Forces Day</small></p>
<p>9:30 a.m. Morning Stretch (2<sup>nd</sup> Floor Fitness Room) <b>17</b></p> <p>10:00 a.m. Covenant Church Service (K)</p> <p>11:00 a.m. Catholic Service and Communion (MR)</p> <p>1:30 pm BINGO with Jill! (CR)</p> <p>4:00 pm Hymn Sing Along (MR)</p>	<p>9:30 a.m. Morning Stretch <b>18</b></p> <p>10:15 a.m. Positivity Journaling Prompts. (CR)</p> <p>11:00 a.m. Creative Writing (CR)</p> <p>1:30 p.m. BINGO with Jill (CR)</p> <p>2:30 p.m. Trivia on YouTube</p> <p>4:15 p.m. Hand Strengthening &amp; Finger dexterity practice (CR)</p> <p><small>Victoria Day (Canada)</small></p>	<p><b>IT TECH DAY</b> <b>19</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Scams &amp; AI Tech Speaker: Media Room</p> <p>1:30 p.m. BINGO! (CR)</p> <p>3:00 p.m. Strengthen &amp; Tone Chair Exercise (2F)</p> <p>4:00 p.m. Mexican Train (CR):</p>	<p><b>RESIDENT COUNCIL</b> <b>20</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:15 a.m. Rummikub! (CR)</p> <p>11:15 a.m. Bus departs for Lunch Outing (Lobby)</p> <p>2:00 p.m. RESIDENT COUNCIL</p> <p>3:15 p.m. BINGO with Jill (CR)</p> <p>4:15 p.m. "Are you smarter than a 5<sup>th</sup> Grader"? (MR)</p>	<p><b>21</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Card Bingo (CR)</p> <p>1:30 pm BINGO with Jill (CR)</p> <p>3:15 pm Chair Exercise with Hand Weights (2F)</p> <p>4:00 pm Merryl's Sing-a-Long (2<sup>nd</sup> Floor Living Room)</p> <p><small>Shavuot Begins</small></p>	<p><b>Happy Friday</b> <b>22</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Jenga Blocks (CR)</p> <p>1:30 p.m. Bingo with Norma (CR)</p> <p>2:45 p.m. Trivia – General Knowledge (MR)</p>	<p><b>RESIDENT-LED GAMES</b> <b>23</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Resident-Led Table Games (CR)</p> <p>1:30 p.m. Bingo (CR)</p> <p>2:45 p.m. TRIVIA on YouTube</p> <p>4:00 p.m. THE CHOSEN Group viewing (MR)</p>
<p>9:30 a.m. Morning Stretch (2<sup>nd</sup> Floor Fitness Room) <b>24</b></p> <p>10:00 a.m. Covenant Church Service (K)</p> <p>11:00 a.m. Catholic Service and Communion (MR)</p> <p>1:30 pm BINGO with Jill! (CR)</p> <p>4:00 pm Hymn Sing Along (MR)</p>	<p>9:30 a.m. Morning Stretch (2F) <b>25</b></p> <p>10:15 a.m. Positivity Journaling Prompts. (CR)</p> <p>1:30 p.m. BINGO (CR)</p> <p>2:30 p.m. Trivia on YouTube</p> <p>3:30 p.m. Patriotic Music Performance on YouTube (MR)</p> <p><small>Memorial Day</small></p>	<p><b>TOWN HALL</b> <b>26</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Bingo with Jill (CR)</p> <p>2:00 p.m. Town Hall (AL Dining)</p> <p>3:15 p.m. Resident Art Show &amp; Social Mixer (MR)</p> <p>4:00 p.m. Mexican Train (CR):</p>	<p><b>COOKING CLUB &amp; Movie out at Theatre</b> <b>27</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Omelets with eggs Veggies &amp; Nopalitos (2 Kitchen)</p> <p>1:30 p.m. Star Cinema Grill In Richmond via Bus (Lobby)</p> <p>4:00 p.m. Rummikub! (CR)</p>	<p><b>NATIONAL HAMBURGER ON THE GRILL DAY</b> <b>28</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:15 a.m. Card Bingo (CR)</p> <p>2:00 p.m. BINGO with Jill (CR)</p> <p>3:15 pm Chair Exercise with Hand Weights (2F)</p> <p>4:00 pm Merryl's Sing-a-Long (2<sup>nd</sup> Floor Living Room)</p>	<p><b>Happy Friday</b> <b>29</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Jenga Blocks (CR)</p> <p>1:30 p.m. Bingo with Norma (CR)</p> <p>2:45 p.m. Trivia – General Knowledge (MR)</p>	<p><b>RESIDENT-LED GAMES</b> <b>30</b></p> <p>9:30 a.m. Morning Stretch (2F)</p> <p>10:30 a.m. Resident-Led Table Games (CR)</p> <p>1:30 p.m. Bingo (CR)</p> <p>2:45 p.m. TRIVIA on YouTube</p> <p>4:00 p.m. THE CHOSEN Group viewing (MR)</p>
<p>9:30 a.m. Morning Stretch (2<sup>nd</sup> Floor Fitness Room) <b>31</b></p> <p>10:00 a.m. Covenant Church Service (K)</p> <p>11:00 a.m. Catholic Service and Communion (MR)</p> <p>1:30 pm BINGO with Jill! (CR)</p> <p>4:00 pm Hymn Sing Along (MR)</p>	<p style="text-align: center;"><i>Wishing our Mothers Love Today And always Happy Mother's Day ~ May 10th</i></p>					