

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Activities Chat (CR)
 1:30 p.m. BINGO with Norma (CR)
 3:00 p.m. Trivia for Seniors (CR)
 6:00 p.m. Evening Movie: Concierge can set upon request
 Canada Day

Hot Dog Cook out 2
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Prepping for cookout
 12:00 Noon AL Hotdog Picnic Back Patio area (CR)
HAPPY 250TH BIRTHDAY AMERICA

3
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Resident-led Table Games, Rummikub, Mexican Train (CR)
 1:30 p.m. Bingo w/ Norma (CR)
 2:45 p.m. Trivia – General Knowledge (MR)
 6:00 p.m. Evening Movie (MR)

HAPPY JULY 4TH HOLIDAY 4
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Resident-Led Table Games (CR)
 1:30 p.m. Bingo (CR)
 2:45 p.m. TRIVIA on YouTube
 4:00 p.m. THE CHOSEN Group viewing (MR)
 Independence Day (U.S.)

5
 9:30 a.m. Morning Stretch (2nd Floor Fitness Room)
 10:00 a.m. Covenant Church Service (K)
 11:00 a.m. Catholic Service & Communion (MR)
 1:30 pm BINGO with Jill! (CR)
 4:00 pm Hymn Sing Along (MR)

6
 9:30 a.m. Morning Stretch
 10:15 a.m. Positivity Journaling Prompts. (CR)
 11:00 a.m. Creative Writing (CR)
 1:30 p.m. BINGO with Jill (CR)
 2:30 p.m. Trivia on YouTube
 4:15 p.m. Hand Strengthening & Finger dexterity practice (CR)
 6:00 p.m. Evening Movie (MR)

7
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. BINGO in CR
 1:30 p.m. Brain strengthening Word Game (CR)
 2:30 p.m. Trivia for Seniors (CR)
 4:00 p.m. Mexican Train (CR)
 6:00 p.m. Evening Movie: Concierge can set upon request

Food Chat Day 8
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Ashley's Food Chat (CR)
 1:30 p.m. BINGO (CR)
 2:30 p.m. "Are you smarter than a 5th grader?" (CR)
 6:00 p.m. Evening Movie: Concierge can set upon request

Featured Movie Day 9
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Movie in CR: "To Kill a Mockingbird" on DVD
 1:30 pm BINGO (CR)
 3:00 pm Rummikub (CR)
 4:00 pm Merryll's Sing-a-Long (2nd Floor Living Room)

DRUM CIRCLE 10
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Drum Circle with Xavier (DR)
 1:30 p.m. Bingo w/ Norma (CR)
 2:45 p.m. Trivia – General Knowledge (MR)
 6:00 p.m. Evening Movie (MR)

RESIDENT-LED GAMES 11
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Resident-Led Table Games (CR)
 1:30 p.m. Bingo (CR)
 2:45 p.m. TRIVIA on YouTube
 4:00 p.m. THE CHOSEN Group viewing (MR)

12
 9:30 a.m. Morning Stretch (2nd Floor Fitness Room)
 10:00 a.m. Covenant Church Service (K)
 11:00 a.m. Catholic Service & Communion (MR)
 1:30 pm BINGO with Jill! (CR)
 4:00 pm Hymn Sing Along (MR)

13
 9:30 a.m. Morning Stretch
 10:15 a.m. Card Bingo (CR)
 11:00 a.m. Creative Writing (CR)
 1:30 p.m. BINGO with Jill (CR)
 2:30 p.m. Trivia on YouTube
 4:15 p.m. Hand Strengthening & Finger dexterity practice (CR)
 6:00 p.m. Evening Movie (MR)

Red, White & Blues BIRTHDAY BASH 14
 9:30 a.m. Morning Stretch (2F)
 10:45 a.m. Grief Support Group Light refreshments (MR)
 2:30 p.m. BIRTHDAY BASH AL Dining Room
 4:00 p.m. Mexican Train (CR)
 6:00 p.m. Evening Movie: Concierge can set upon request
 Bastille Day

15
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Brain strengthening Word Game (CR)
 1:30 p.m. BINGO with Jill (CR)
 3:00 p.m. Trivia for Seniors (CR)
 6:00 p.m. Evening Movie: Concierge can set upon request

Book Club starts today 16
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Book Club starts today, 2nd FL Sunroom
 1:30 pm BINGO with Jill (CR)
 3:00 pm Chair Exercise with Hand Weights (2F)
 4:00 pm Merryll's Sing-a-Long (2nd Floor Living Room)

17
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Resident-led Table Games, Rummikub, Mexican Train (CR)
 1:30 p.m. Bingo w/ Norma (CR)
 2:45 p.m. Trivia – General Knowledge (MR)
 6:00 p.m. Evening Movie (MR)

RESIDENT-LED GAMES 18
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Resident-Led Table Games (CR)
 1:30 p.m. Bingo (CR)
 2:45 p.m. TRIVIA on YouTube
 4:00 p.m. THE CHOSEN Group viewing (MR)

19
 9:30 a.m. Morning Stretch (2nd Floor Fitness Room)
 10:00 a.m. Covenant Church Service (K)
 11:00 a.m. Catholic Service & Communion (MR)
 1:30 pm BINGO with Jill! (CR)
 4:00 pm Hymn Sing Along (MR)

20
 9:30 a.m. Morning Stretch
 10:30 a.m. Creative Card Making with Denise (CR)
 11:15 a.m. Creative Writing (CR)
 1:30 p.m. BINGO with Jill (CR)
 2:30 p.m. Trivia on YouTube
 4:15 p.m. Hand Strengthening & Finger dexterity practice (CR)
 6:00 p.m. Evening Movie (MR)

KARAOKE DAY WITH LISA 21
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. BINGO in Craft Rm
 2:30 p.m. Karaoke with Lisa (Kensington)
 4:15 p.m. Mexican Train (CR)
 6:00 p.m. Evening Movie: Concierge can set upon request

RESIDENT COUNCIL 22
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. BINGO with Jill (CR)
 11:30 a.m. Lunch outing to Red Lobster via Bus
 2:00 p.m. RESIDENT COUNCIL
 3:00 p.m. New Resident Welcome & Ice Cream Bar (MR)
 4:00 p.m. "Are you smarter than a 5th Grader" (MR)
 6:00 p.m. Evening Movie (MR)

Book Club today 23
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Book Club today 2nd FL Sunroom
 1:30 pm BINGO with Jill (CR)
 3:00 pm Chair Exercise with Hand Weights (2F)
 4:00 pm Merryll's Sing-a-Long (2nd Floor Living Room)

24
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Resident-led Table Games, Rummikub, Mexican Train (CR)
 1:30 p.m. Bingo w/ Norma (CR)
 2:45 p.m. Trivia – General Knowledge (MR)
 6:00 p.m. Evening Movie (MR)

RESIDENT-LED GAMES 25
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Resident-Led Table Games (CR)
 1:30 p.m. Bingo (CR)
 2:45 p.m. TRIVIA on YouTube
 4:00 p.m. THE CHOSEN Group viewing (MR)

APOLLO 13 REMEMBRANCE 26
 9:30 a.m. Morning Stretch (2nd Floor Fitness Room)
 10:00 a.m. Covenant Church Service (K)
 11:00 a.m. Catholic Service & Communion (MR)
 1:30 pm BINGO with Jill! (CR)
 4:00 pm Hymn Sing Along (MR)

DICK CLARK'S BILLBOARD CHARTS DAY 27
 9:30 a.m. Morning Stretch
 10:30 a.m. Dick Clark's show (CR)
 11:15 a.m. Creative Writing (CR)
 1:30 p.m. BINGO with Jill (CR)
 2:30 p.m. Trivia on YouTube
 4:15 p.m. Hand Strengthening & Finger dexterity practice (CR)
 6:00 p.m. Evening Movie (MR)

TOWN HALL 28
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Bingo with Jill (CR)
 2:00 p.m. Town Hall (AL Dining)
 3:15 p.m. Resident Art & Craft Show + Social Mixer (MR)
 4:15 p.m. Mexican Train (CR)
 6:00 p.m. Evening Movie: Concierge can set upon request

National Chicken Wing Day 29
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Summer Crafting with Jill (CR)
 1:30 p.m. BINGO with Jill (CR)
 3:00 p.m. Movie Matinee in the IL movie theater featuring "A Man called Otto" featuring Tom Hanks Popcorn & sodas

Book Club today 30
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Book Club today 2nd FL Sunroom
 1:30 pm BINGO with Jill (CR)
 3:00 pm Chair Exercise with Hand Weights (2F)
 4:00 pm Merryll's Sing-a-Long (2nd Floor Living Room)

31
 9:30 a.m. Morning Stretch (2F)
 10:30 a.m. Resident-led Table Games, Rummikub, Mexican Train (CR)
 1:30 p.m. Bingo w/ Norma (CR)
 2:45 p.m. Trivia – General Knowledge (MR)
 6:00 p.m. Evening Movie (MR)

