



A Luxury Retirement Community - Assisted Living & Memory Enhancement

2865 Westminster Plaza Drive • Houston, TX 77082 • (281) 556-6020

Your Friendly Staff

Maria Alvarado	Executive Director
Rukayat Ayodele	Assisted Living Director
Renee Wagner	Sales & Marketing Director
Karleann Leite	Office Manager
Jill Saxon	Activities Director
	Wellness Director
Roxanne Alinsug	Wellness Coordinator
Ashley Abdulla	Dietary Manager
Gerardo Parra	Maintenance Director
Norma Reyes	Activities Director

Important Numbers

Main Number	281-556-6020
Fax	281-556-0136
After-Hours Security	713-876-5134
After-Hours Assisted Living	346-480-5112
Isabel/Salon	832-316-0172



Annual Pumpkin Decorating Party

Bring your best decorating skills for the annual Pumpkin Decorating party on Tuesday, October 7th, at 10:30 a.m.

Family members are welcome to join the fun. Prizes to be awarded.

October 2025



October Message From Director, Rukayat Ayodele

As the leaves on the trees turn from green to glorious shades of red, orange, and yellow, another unmistakable sign of autumn makes an appearance on grocery store shelves and restaurant menus.

What's your autumn flavor of choice?
Pumpkin spice or Apple cider or Maple?
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As we transition from September's Safari Adventure in the Serengeti to a gentle Autumn scene of red, orange, and yellow leaves falling from the trees, we're reminded to "let go" and snuggle into the coziness of October with a Pumpkin Spice muffin, a hot mug of Apple Cider or Cocoa, or the warm fragrance of Maple syrup over pancakes to soothe our soul. Just tell our capable Activity and Lifestyle Directors what your favorite flavor might be, and I'll bet your taste buds will soon be satisfied. Our caring team of CMAs and CNAs will look after your wellness needs throughout the seasonal change. As always, Admin, Dining, Maintenance and Housekeeping, Sales and Marketing teams are here to assure superior quality of life experience for you during your golden years. Happy Fall, Y'all!





Happy Birthday

October Resident Birthdays

Betty Jean M. 10/05
Merryl P. 10/10
Doug H. 10/11
Lourdes C. 10/13
Shirley D. 10/26
Bernie H. 10/28
Harold C. 10/31

Save the Date



RESIDENT OCTOBER BIRTHDAY BASH!

The Resident Birthday & Masquerade Party is set for Thursday, October 16th, at 10:00 am, AL Dining Room. Entertainment by Kameron.

Annual Houston Witches Dance

The Houston Witch Dancers will return on Tuesday, October 14th, at 11:00 a.m. for a thrilling performance.



Resident Meeting

The October Resident Council will meet on Wednesday, October 8th, at 2:00 p.m., in the Media Room. This meeting will follow the election of new officers for President and Vice President positions.

FOOD CHAT WITH ASHLEY

This meeting falls on the 3rd Wednesday of each month, at 10:30 a.m., in the Media Room, allowing Residents to communicate with Food Service Director about meal service.



Happy Birthday

October Staff Birthdays

Aniso A. 10/01 (CNA)
Jummy O. 10/02 (CMA)
Gerardo S. 10/03 (DIR)
Cecelia B. 10/08 (CNA)
Evelyn N. 10/11 (CNA)
Renee W. 10/15 (DIR)
Savitrie G. 10/20 (DINING)
Rukayat A. 10/22 (DIR)
Germaine M. 10/31 (CNA)

Please celebrate with our devoted staff as they provide excellent service while working on their birthday.



Thanks to Lindsey Ware of P.A.M. Rehab for supporting our Assisted Living Week celebration.



GIRLS JUST WANT TO HAVE FUN!



With Sympathy for the Family of Residents Schumann, McCann, Brown and Cox

Your loved ones will be greatly missed. It has been our
great privilege to care for them.
We are thinking of you and wishing you moments of peace
and comfort.
We will always remember these dear friends and hold their
memory in our hearts.

Wishing you peace
and comfort in this
time of loss.
Please know that
you're in my
thoughts and
prayers.

