



2855 Westminster Plaza Drive • Houston, TX 77082 • (281) 556-6020

Staff Directory

Maria Alvarado Executive Director
 Sahar Hussain Sales & Marketing Director
 Priscilla Street Sales Counselor
 Raquel Tiller Move In Coordinator
 Adwanys Casanova Office Manager
 Roger Elkhouri Executive Chef
 Kathi Hill Fitness Director
 Irina Wardrip Social Director
 Gerardo Parra Maintenance Director

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**Celebrating Valentine's Day with Couple Married Nearly 71 Years**

[cw39.com](http://cw39.com)

Meet our celebrities!

The Abbey residents Richard & Janet were invited on the CW39 morning H-Town Morning Show on Tuesday, February 11, and honored for their 71 years of married life!

March 2025



**Invite Your Friends & Family For:**

Health Screenings  
 Mobile Devices Repair  
 Valuable Community Resources  
 Light Refreshments and more!

Tuesday, March 18

10:30am-2:00pm

Independent Living community (4-story building)

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EMPLOYEE APPRECIATION DAY- March 7!

Dear Residents,

Take this opportunity to express your appreciation and give thanks to The Abbey employees for their hard work, dedication and service for all that they do for our community!

Upcoming Community Events

- 3/1 Girl Scout Cookie Sale
- 3/3 Mardi Gras Party with
Zydeco Band
- 3/6 EXPERT TALK
Lone Star Flight Museum
- 3/7 Employee Appreciation Day
- 3/7 EXPERT TALK
"Baytown Tunnel Removal"
- 3/8 Women's Club
- 3/10 Laughter Wellness
- 3/11 EXPERT TALK
"Understanding Your Nutrition"
- 3/13 Monthly Birthday &
Anniversary Party
- 3/17 St. Patrick's Day Event
- 3/19 Chef's Table *Three Course
Meal"
- 3/20 The Abbey Book Club
- 3/20 Karaoke Happy Hour
- 3/21 EXPERT TALK
Brain Health & Memory
Improvement
- 3/24 Men's Club "Country
Style"
- 3/25 Cooking Demo with
Chef Roger
- 3/27 Rodeo Party
- 3/29 World Piano Day
Classical Music Spring Concert
by University of Houston
- 3/31 Meet & Greet



Ice Cream Social

Every Sunday at 3 PM
2nd floor, General Store

Featured Photo



Martha is
rocking and
rolling with Elvis
at our SOCK HOP
'50s LUNCH
PARTY!



Houston Area
Parkinson's
Society
presentation was
enlightening!



Snow Day is
Spa Day on
January 21, 2025!



Books &
Bubbles Event



Chinese New
Year Celebration!



WATERCOLOR WORKSHOP



ROMANTIC
COUPLES EVENT
was filmed and
aired on Channel
2's Houston Life
on the Valentine's
Day!



Jerry & Marge are about to celebrate 70
years of marriage this coming May!



Tom & Dolores



Game On



The Super Bowl LIX Party was a great hit—especially for those three lucky winners of The Abbey Jackpot Pool!



CHEF'S TABLE



Sign up for our THREE-COURSE MEAL DINNER which is hosted on the 3rd Wednesday of every month!

Health & Fitness

Don't miss out on this FREE world adventure!

Pedal The World offers a wide range of benefits including: Physical fitness, exposure to diverse cultures, relaxation, mental well-being through a connection with nature, and the opportunity to experience unique landscapes and communities firsthand worldwide.



Come join us every Tuesday and Thursday at 1:30pm on the 2nd floor, Activity Room!

Try Your Luck

"You know what luck is? Luck is believing you're lucky." — Tennessee Williams



Out & About

Upcoming Weekend Excursions

3/2 SPRING CONCERT by Houston Sinfonietta
3/23 HANDLER'S MESSIAH at EASTER concert by Houston Masterworks Chorus
3/30 String Concerto Finals by Shepard School of Music at RICE



BE NEIGHBORLY

Make it a beautiful day in your neighborhood by celebrating Won't You Be My Neighbor Day on March 20, the birthday of Fred Rogers. The day honors the legacy of the beloved host of the children's TV series "Mister Rogers' Neighborhood."



Find us on 



Valentine's Couples Fun at The Abbey at Westminster Plaza - Did you know we have four couples who found love here? Thatsa mucho amore!



Chinese New Year's Celebration - This is the Year of the Snake - 2025