

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 It's gonna be a hot one!						RESIDENT-LED GAMES 1 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Resident-Led Table Games (CR) 1:30 p.m. Bingo (CR) 2:45 p.m. TRIVIA on YouTube 4:00 p.m. THE CHOSEN Group viewing (MR)
2 9:30 a.m. Morning Stretch (2 nd Floor Fitness Room) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service & Communion (MR) 1:30 pm BINGO with Jill! (CR) 4:00 pm Hymn Sing Along	3 9:30 a.m. Morning Stretch (2FL) 10:15 a.m. Card Bingo (CR) 11:00 a.m. Creative Writing (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. 50's Trivia on YouTube (CR) 4:00 p.m. RUMMIKUB (CR) 6:00 p.m. Evening Movie (MR)	4 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Get your kicks on Route 66 – Documentary with light refreshments (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. Trivia for Seniors (CR) 4:00 p.m. Mexican Train (CR): 6:00 p.m. Evening Movie:	5 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Brain Strengthening Word games (CR) 11:30 a.m. Activity Chat (CR) 1:30 p.m. BINGO with Jill (CR) 3:00 p.m. Movie Matinee in CR "American Graffiti" Popcorn & Soda Pop	BOOK CLUB DAY 6 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Book Club today 2 nd FL Sunroom 1:30 pm BINGO with Jill (CR) 3:00 pm Hand strengthening & Finger dexterity practice (CR) 4:00 pm Merryl's Sing-a-Long (2 nd Floor Living Room)	7 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Resident-led Table Games, Rummikub, Mexican Train (CR) 1:30 p.m. Bingo w/ Norma (CR) 2:45 p.m. Trivia – General Knowledge (MR) 6:00 p.m. Evening Movie (MR)	RESIDENT-LED GAMES 8 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Resident-Led Table Games (CR) 1:30 p.m. Bingo (CR) 2:45 p.m. TRIVIA on YouTube 4:00 p.m. THE CHOSEN Group viewing (MR)
9 9:30 a.m. Morning Stretch (2 nd Floor Fitness Room) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service & Communion (MR) 1:30 pm BINGO with Jill! (CR) 4:00 pm Hymn Sing Along	10 9:30 a.m. Morning Stretch (2FL) 10:30 a.m. Creative Card Making with Denise (CR) 11:15 a.m. Creative Writing (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. Happy Days group viewing on YouTube (CR) 4:00 p.m. RUMMIKUB (CR)	Elvis Week begins 11 9:30 a.m. Morning Stretch (2F) 10:45 a.m. Grief Support (MR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. Elvis Trivia & Route 66 Trivia + Favorite Snack (CR) 4:00 p.m. Mexican Train (CR): 6:00 p.m. Evening Movie:	AUGUST LUNCH OUTING 12 9:30 a.m. Morning Stretch 10:15 a.m. Food Chat with ASHLEY (CR) 11:15 a.m. Lunch outing to THE CATCH – Meyerland via bus 2:15 p.m. BINGO with Jill (CR) 3:15 p.m. Elvis Movie with popcorn & soda pop (CR)	BOOK CLUB DAY 13 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Book Club today 2 nd FL Sunroom 1:30 pm BINGO with Jill (CR) 3:00 pm Puerto Rican cooking demo (2 nd Floor Kitchen) 4:00 pm Merryl's Sing-a-Long (2 nd Floor Living Room)	DRUM CIRCLE 14 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Drum Circle with Xavier (DR) 1:30 p.m. Bingo w/ Norma (CR) 2:45 p.m. Trivia – General Knowledge (MR) 6:00 p.m. Evening Movie (MR)	RESIDENT-LED GAMES 15 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Resident-Led Table Games (CR) 1:30 p.m. Bingo (CR) 2:45 p.m. TRIVIA on YouTube 4:00 p.m. THE CHOSEN Group viewing (MR)
16 9:30 a.m. Morning Stretch (2 nd Floor Fitness Room) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service & Communion (MR) 1:30 pm BINGO with Jill! (CR) 4:00 pm Hymn Sing Along	17 9:30 a.m. Morning Stretch (2FL) 10:15 a.m. Card Bingo (CR) 11:00 a.m. Creative Writing (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. Trivia on YouTube 4:00 p.m. RUMMIKUB (CR) 6:00 p.m. Evening Movie (MR)	August Birthday Bash 18 "HAPPY DAY'S BIRTHDAY BASH" 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Route 66 Virtual Trip through New Mex./Arizona (CR) 2:30 p.m."HAPPY DAYS AT THE ABBEY DINER" (DR) 4:00 p.m. Mexican Train (CR): 6:00 p.m. Evening Movie:	RESIDENT COUNCIL 19 9:30 a.m. Morning Stretch (2F) 10:30 a.m. BINGO with Jill (CR) 2:00 p.m. RESIDENT COUNCIL (AL Dining Room) 3:00 p.m. New Resident Welcome Social & Banana Split Bar (AL Media Room) 4:00 p.m. "Are you smarter than a 5 th Grader"? (MR)	BOOK CLUB DAY 20 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Book Club today 2 nd FL Sunroom 1:30 pm BINGO with Jill (CR) 3:00 pm Hand strengthening & Finger dexterity practice (CR) 4:00 pm Merryl's Sing-a-Long (2 nd Floor Living Room)	SENIOR CITIZENS DAY 21 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Resident-led Table Games, Rummikub, Mexican Train (CR) 1:30 p.m. Bingo w/ Norma (CR) 2:45 p.m. Trivia – General Knowledge (MR) 6:00 p.m. Evening Movie (MR)	RESIDENT-LED GAMES 22 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Resident-Led Table Games (CR) 1:30 p.m. Bingo (CR) 2:45 p.m. TRIVIA on YouTube 4:00 p.m. THE CHOSEN Group viewing (MR)
23 9:30 a.m. Morning Stretch (2 nd Floor Fitness Room) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service & Communion (MR) 1:30 pm BINGO with Jill! (CR) 4:00 pm Hymn Sing Along	24 9:30 a.m. Morning Stretch (2FL) 10:15 a.m. Card Bingo (CR) 11:00 a.m. Creative Writing (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. Trivia on YouTube 4:00 p.m. RUMMIKUB (CR) 6:00 p.m. Evening Movie (MR)	Route 66 virtual trip arrives at Santa Monica Pier 25 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Route 66 Virtual Trip meets the Pacific Ocean (CR) 2:00 p.m. TOWN HALL (DR) 4:00 p.m. Mexican Train (CR): 6:00 p.m. Evening Movie:	TECH TUTORIAL DAY 26 9:30 a.m. Morning Stretch (2F) 10:30 a.m. RKM Tech, Russ Klein Hands on smart phone (MR) 1:30 p.m. BINGO with Jill (CR) 3:00 p.m. Brain Strengthening Word games (CR) 4:00 p.m. "Are you smarter than a 5 th Grader"? (MR)	BOOK CLUB DAY 27 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Book Club today 2 nd FL Sunroom 1:30 pm BINGO with Jill (CR) 3:00 pm Hand strengthening & Finger dexterity practice (CR) 4:00 pm Merryl's Sing-a-Long (2 nd Floor Living Room)	LAST FRIDAY IN AUG. 28 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Resident-led Table Games, Rummikub, Mexican Train (CR) 1:30 p.m. Bingo w/ Norma (CR) 2:45 p.m. Trivia – Senior Knowledge (MR) 6:00 p.m. Evening Movie (MR)	RESIDENT-LED GAMES 29 9:30 a.m. Morning Stretch (2F) 10:30 a.m. Resident-Led Table Games (CR) 1:30 p.m. Bingo (CR) 2:45 p.m. TRIVIA on YouTube 4:00 p.m. THE CHOSEN Group viewing (MR)
30 9:30 a.m. Morning Stretch (2 nd Floor Fitness Room) 10:00 a.m. Covenant Church Service (K) 11:00 a.m. Catholic Service & Communion (MR) 1:30 pm BINGO with Jill! (CR) 4:00 pm Hymn Sing Along	31 9:30 a.m. Morning Stretch (2FL) 10:15 a.m. Card Bingo (CR) 11:00 a.m. Creative Writing (CR) 1:30 p.m. BINGO with Jill (CR) 2:30 p.m. Trivia on YouTube 4:00 p.m. RUMMIKUB (CR) 6:00 p.m. Evening Movie (MR)	 Sunflowers are the official flower of Summer				