November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving **1** 9:30am Morning Stretch (2nd Floor Fitness Room) 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm Bingo 4:00pm Hymn Sing Along (MR) Daylight Saving Time Ends	**Dia De Los Muertos** **2** 9:30am Morning Stretch (2FL) 10:30am **Dia De Los Muertos teaching & craft with Raquel** 11:00am Creative Writing (2FL) 1:30pm Bingo 2:45pm Trivia General Knowledge 4:00pm Rummikub (CR)	**ELECTION DAY** **3** **7am-7pm Wellness Bistro** 9:30am Morning Stretch (2FL) 10:30am Craft Pumkin Puzzles 1:30pm Bingo 2:45pm Scavenger Hunt w/Vicki (CR) 4:00pm Mexican Train	**4** 9:30am Morning Stretch (2FL) 10:30am **Elegant Card Holiday Making with Denise** 1:30pm Bingo 2:45pm Smarter than 5th Grader 4:00pm Board Games	**5** 9:30am Morning Stretch (2FL) 10:30am Word Builder w/Vicki 1:30pm Bingo 2:45pm General Knowledge Trivia 4:00pm Merryl Sing Along(2FL)	Jersey Friday **6** 9:30am Morning Stretch (2FL) 10:30am Trivia for Senior 1:30pm Bingo 2:45pm Smarter than 5th Grader-YT 4:00pm Rummikub (CR) 4:00pm **Boys Night In with JD Beer & Table Games (MR)**	RESIDENT LED **7** 9:30am Morning Stretch (2FL) 10:30am Fall Adult Coloring, Wordsearch, Puzzles (CR) 1:30pm Bingo 2:45pm Trivia for Seniors 4:00pm Resident Led Games
8 9:30am Morning Stretch (2nd Floor Fitness Room) 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm Bingo 4:00pm Hymn Sing Along (MR) Diwali (Hindi)	**Good Nutrition Day** **9** 9:30am Morning Stretch (2nd Floor Fitness Room) 10:30am Nutrition Fun Facts 11:00am Creative Writing (2FL) 1:30pm Bingo 2:45pm Trivia General Knowledge 4:00pm Rummikub (CR)	**Grief Support Day** **10** **Glee Choir Club** 9:30am Morning Stretch (2FL) 10:00am **Glee Choir Club Wellness Ballroom 2nd Floor** 10:45am **Grief Support (MR)** 1:30pm Bingo 2:45pm Smarter then a 5th Grader 4:00pm Mexican Train	**Veterans Day** **11** 9:30am Morning Stretch (2FL) 10:30am Bingo 2:00pm **Veterans Day AL/MC program & In-House parade (AL Dining)** 4:00pm Board Games (CR) Veterans Day Remembrance Day (Canada)	**BIRTHDAY BASH** **12** 9:30am Morning Stretch (2FL) 10;30am **Resident Birthday Bash with Jesus** 1:30pm Bingo 2:45pm Word Builder w/Vicki 4:00pm Merryl Sing Along (2FL)	**DRUM CIRCLE** **13** 9:30am Morning Stretch (2FL) 10:30am **Drum Circle with Xavier (Al Dining)** 1:30pm Bingo 2:45pm Trivia 4:00pm Rummikub	RESIDENT LED **14** 9:30am Morning Stretch (2FL) 10:30am Card Bingo 1:30pm Bingo 2:45pm Trivia for Seniors 4:00pm Resident Led Games
15 9:30am Morning Stretch (2nd Floor Fitness Room) 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm Bingo 4:00pm Hymn Sing Along (MR)	**16** 9:30am Morning Stretch (2nd Floor Fitness Room) 10:30am Fall Craft 11;00am Creative Writing (2FL) 1:30pm Bingo 2:45pm Trivia General Knowledge 4:00pm Rummikub (CR)	**ICE CREAM SOCIAL** **17** 9:30am Morning Stretch (2FL) 10:30am Bingo 2:00pm **Jeopardy Lab-Resident vs Managers / Ice Cream Social AL/MC (AL Dining) w/ Dominque** 3:30pm Adult Coloring 4:00pm Rummikub (CR)	**SUPER BINGO** **18** 9:30am Morning Stretch (2FL) 10:30am Fun Facts about Mickey Mouse 2:30pm **Happy Birthday Mickey Mouse Super Bingo AL/MC (AL Dining) w/Jocelyn** 4:00pm Mexican Train	**Family THANKSGIVING DINNER** **19** 9:30am Morning Stretch 10:30am **Bingo** 2:00pm Movie 4:00pm Merryl Sing Along (2L) 5:00-6:00pm Family Thanksgiving Dinner	**Resident Council** **20** 9:30am Morning Stretch(2FL) 10:30am Trivia 2:00pm Resident Council Meeting- AL Dining 3:00pm Bingo 4:00pm Rummikub (CR) 4:00pm **Boys Night In with Beer & Table Games (MR)**	RESIDENT LED **21** 9:30am Morning Stretch (2FL) 10:30am Jeopardy Lab 1:30pm Bingo 2:45pm Trivia for Seniors 4:00pm Resident Led Games
22 9:30am Morning Stretch (2nd Floor Fitness Room) 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm Bingo 4:00pm Hymn Sing Along (MR)	**23** 9:30am Morning Stretch (2nd Floor Fitness Room) 10:30am Fall Craft 11:00am Creative Writing (2FL) 1:30pm Bingo 2:45pm Trivia General Knowledge 4:00pm Rummikub (CR)	**Town Hall** **24** 9:30am Morning Stretch (2FL) 10:30am Bingo 2:00pm **Town Hall & Social Mixer-JD music** 4:00pm Mexican Train	**25** 9:30am Morning Stretch(2FL) 10:30am Bingo 2:00pm Smarter than a 5th Grader (CR) 3:00pm Holiday worksheets 4:00pm Rummikub	**THANKSGIVING DAY** **26** 9:30am Macy's Thanksgiving Parade 10:30am Holiday coloring, crossword, puzzles 1:30pm Bingo 3:00pm Movie-The Turkey Bowl Thanksgiving Day (U.S)	**27** 9:30am Morning Stretch (2FL) 10:30am Adult Coloring 1:30pm Bingo 2:45pm Trivia-General Knowledge 4:00pm Rummikub	RESIDENT LED **28** 9:30am Morning Stretch (2FL) 10:30am Jeopardy Lab 1:30pm Bingo 2:45pm Trivia for Seniors 4:00pm Resident Led Games
29 9:30am Morning Stretch (2nd Floor Fitness Room) 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm Bingo 4:00pm Hymn Sing Along (MR)	**30** 9:30am Morning Stretch (2nd Floor Fitness Stretch) 10:30am Puzzles 11:00am Creative Writing (2FL) 1:30pm Bingo 2:45pm Trivia General Knowledge 4:00pm Rummikub (CR)	Give thanks				

Norma Reyes, Certified Activity Director, The Abbey Assisted Living Community