November 2026

Give thanks



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving 9:30am Morning Stretch 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Hymn Sing Along (MR) Daylight Saving Time Ends	**2** **Dia De Los Muertos** 9:30am Morning Stretch 10:30am **Dia De Los Muertos Teaching & craft with Raquel** 1:30pm History Channel 3:00pm Bingo 4:00pm Sensory Games	**3** **ELECTION DAY 7am-7pm Wellness Bistro** 9:30am Morning Stretch 10:30am Craft Pumkin Puzzles 1:30pm This Day in History 2:30pm Bingo with Bernie 4:00pm Small group puzzles	**4** 9:30am Morning Stretch 10:30am **Elegant Card Holiday Making with Denise** 1:30pm History Channel 3:00pm Bingo 4:00pm Cognitive Word Builder	**5** 9:30am Morning Stretch 10:30am Aqua Water Painting 1:30pm Adult Coloring 3:00pm Bingo 4:00pm Merryl Sing Along (2FL)	**6** **Jersey Friday** 9:30am Morning Stretch 10:30am Trivia for Senior 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Table Games (CR)	**7** 9:30am Morning Stretch 10:30am Board Games 1:30pm One-on-One Care 3"00pm Bingo 4:00pm Trivia for Senior
8 9:30am Morning Stretch 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Hymn Sing Along (MR) Diwali (Hindi)	**9** **Good Nutrition Day** 9:30am Morning Stretch 10:30am Nutrition Fun Facts 1:30pm History Channel 3:00pm Bingo 4:00pm Brain Strengthening	**10** **Grief Support Day** **Alief Glee Choir** 9:30am Morning Stretch 10:00am Alief Glee Choir Wellness Ballroom 2nd Floor 10:45am Grief Support (MR) 3:00pm Bingo 4:00pm Smarter than a 5th Grader	**11** **Veterans Day** 9:30am Morning Stretch 10:30am Bingo 2:00pm **Veterans Day program/ In House Parade AL/ MC (AL Dining)** 4:00pm Susie Q Sing Along Veterans Day Remembrance Day (Canada)	**12** **BIRTHDAY BASH** 9:30am Morning Stretch 10:30am **Resident Birthday Bash with Jesus** 1:30pm Trivia 2:30pm **Bingo with Bernie** 4:00pm Merryl Sing Along (2FL)	**13** **DRUM CIRCLE** 9:30am Morning Stretch 10:30am **Drum Circle with Xavier (AL Dining)** 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Table Games (CR)	**14** 9:30am Morning Stretch 10:30am Board Games 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Susie Q Sing Along
15 9:30am Morning Stretch 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Hymn Sing Along (MR)	**16** 9:30am Morning Stretch 10:30am Word Builder 1:30pm History Channel 3:00pm Bingo 4:00pm Dominos	**17** **ICE CREAM SOCIAL** 9:30am Morning Stretch 10:30am Bingo 2:00pm **Jeopardy Lab- Resident vs Managers / Ice Cream Social AL/MC (AL Dining) with Dominque** 3:30pm Adult Coloring 4:00pm Susie Q Sing Along	**18** **SUPER BINGO** 9:30am Morning Stretch 10:30am Trivia 2:30pm **Happy Birthday Mickey Mouse Super Bingo AL/MC (AL Dining) with Jocelyn** 4:00pm General Knowledge-YT	**19** **FAMILY THANKSGIVING DINNER** 9:30am Morning Stretch 10:30am Bingo 2:00pm The Turkey Bowl 4:00pm Merryl Sing Along (2FL) **5:00pm- 6PM Family Thanksgiving Dinner**	**20** 9:30am Morning Stretch 10:30am Aquatic Painting 1:30pm One-on-One Care 2:00pm Bingo 4:00pm Table Games (CR)	**21** 9:30am Morning Stretch 10:30am Board Games 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Dominos
22 9:30am Morning Stretch 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Hymn Sing Along (MR)	**23** 9:30am Morning Stretch 10:30am Fall Craft 1:30pm History Channel 3:00pm Bingo 4:00pm Puzzles	**24** 9:30am Morning Stretch 10:30am Bingo 2:00pm Adult Coloring 3:00pm General Knowledge 4:00pm Susie Q Sing Along	**25** 9:30am Morning Stretch 10;30am Bingo 1:30pm Jeopardy 2:00pm Smarter than a 5th Grader 4:00pm Board Games	**26** **THANKSGIVING DAY** 9:30am Macy's Thanksgiving Parade 10:30am Holiday puzzles, coloring and wordsearch 1:30pm Bingo 3:00pm Movie -Home for the Holidays (popcorn & drinks) Thanksgiving Day (U.S)	**27** 9:30am Morning Stretch 10:30am Trivia for Senior 1:30pm One-on-One Care 3;00pm Bingo 4:00pm Table Games (CR)	**28** 9:30am Morning Stretch 10:30am Board Games 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Puzzles
29 9:30am Morning Stretch 10am Covenant Church Service (K) 11:00am Catholic Service & Communion (MR) 1:30pm One-on-One Care 3:00pm Bingo 4:00pm Hymn Sing Along (MR)	**30** 9:30am Morning Stretch 10:30am Puzzles 1:30pm History Channel 3:00pm Bingo 4:00pm Dominos					

Norma Reyes, Certified Activity Director, The Abbey Memory Care Community

All Activities are subject to change without notice