

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2023

## ACTIVITY CALENDAR

<h1>August 2023</h1> <h2>ACTIVITY CALENDAR</h2>		<div>1</div> <div>10:00 Wii Bowling Beauties (RR) 10:00 Needle Art (2nd floor, across # 2228) Knitting, Crochet, Cross Stitch, Needlepoint 1:00 Bridge Club (BSL) 1:30 Afternoon Exercise (RR) <b>3:00 TOWH HALL MEETING (2nd floor Lobby)</b> 7:15 Evening Movie (PT)</div>	<div>2</div> <div><b>10:00 Bus Leaves for Houston Museum of Natural Science “King Tut’s Tomb Discovery Experience”</b> <b>Lunch at “Crace’s” Traditional American Cuisine (Lobby)</b> 1:15 Quarter Bingo (RR) <b>3:00 Afternoon Matinee (PT) Documentary “Poliwood” DVD</b> 7:15 Evening Movie (PT)</div>	<div>3</div> <div>10:00 Wii Bowling: King &amp; Queen Pins (RR) <b>2:30 Historic Houston with Speaker, Mister McKinney (RR)</b> 7:15 Evening Movie (PT)</div>	<div>4</div> <div> 10:00 Greeting Card Workshop (RR) 1:00 Bridge Club (Library) 1:00 Wii Bowling Follies (RR) <b>3:00 Beer Tasting Party (BSL)</b> 7:15 Evening Movie (PT)</div>	<div>5</div> <div><b>9:00 Garden Club</b> (2nd floor, Courtyard) 10:30 Morning Exercise (RR) <b>1:30 Floral Arrangement (REFRESHING) (RR)</b> 4:00 Quarter Rummikub (BSL) 7:15 Evening Movie (PT)</div>
<div>6</div> <div>8:00 Church Transportation 9:00-2:00 Sunday Brunch (DR) <b>10:00 The Abbey Communion offered by Dr. Charles H. Wolcott-RR</b> 2:00 Chapelwood United Methodist Church Online Worship Service (PT) 3:30 Tallowood Baptist Church on DVD(PT) 4:00 Quarter Rummikub (BSL) 7:15 Sunday Movie (PT)</div>	<div>7</div> <div>10:15 Card Kit Workshop (RR) 1:00 Bible Study- Resume on August 14 <b>3:00 “The Key” In-Service &amp; Ice Cream Social (GS)</b> 7:15 Evening Movie (PT)</div>	<div>8</div> <div>10:00 Wii Bowling Beauties (RR) 10:00 Needle Art (2nd floor, across # 2228) Knitting, Crochet, Cross Stitch, Needlepoint 1:00 Bridge Club (BSL) 1:30 Afternoon Exercise (RR) <b>3:00 “Vascular Health” with Dr. Maneevese (RR)</b> 7:15 Evening Movie (PT)</div>	<div>9</div> <div><b>9:00 Bus Leaves for Galveston, TX Tour at “Moody Mansion” Lunch at “The Sunflower Bakery &amp; Café” (Lobby)</b> 1:15 Quarter Bingo (RR) <b>3:00 Afternoon Matinee (PT) “Shanghai” DVD</b> 7:15 Evening Movie (PT)</div>	<div>10</div> <div> 10:00 Wii Bowling: King &amp; Queen Pins (RR) <b>3:00 Monthly Birthday &amp; Wedding Anniversary Celebration with Rodney Rasberry (RR)</b> 7:15 Evening Movie (PT)</div>	<div>11</div> <div> <b>10:00 Catholic Mass &amp; Communion with Father Joseph from Saint Justin Martyr Catholic Church (RR)</b> 1:00 Bridge Club (BSL) <b>3:00 Wii Bowling Party (RR)</b> 7:15 Evening Movie (PT)</div>	<div>12</div> <div><b>9:00 Garden Club</b> (2nd floor, Courtyard) 10:30 Morning Exercise (RR) <b>*All Programs Gathering*</b> 1:00 Dementia &amp; Alzheimer’s Support Group “LEAN ON ME” with Roger D. (AL, Game Room) <b>1:30 Floral Arrangement (RR)</b> 4:00 Quarter Rummikub (BSL) 7:15 Evening Movie (PT)</div>
<div>13</div> <div>8:00 Church Transportation 9:00-2:00 Sunday Brunch (DR) 2:00 Chapelwood United Methodist Church Online Worship Service (PT) 3:30 Tallowood Baptist Church on DVD(PT) 4:00 Quarter Rummikub (BSL) 7:15 Sunday Movie (PT)</div>	<div>14</div> <div>10:15 Card Kit Workshop (RR) 1:00 Bible Study (RR) <b>3:00 Ice Cream Social (GS)</b> 3:30 Giant Crossword Puzzle (RR) 7:15 Evening Movie (PT)</div>	<div>15</div> <div>10:00 Wii Bowling Beauties (RR) 10:00 Needle Art (2nd floor, across # 2228) Knitting, Crochet, Cross Stitch, Needlepoint 1:00 Bridge Club (BSL) 1:30 Afternoon Exercise (RR) <b>3:00 Chef’s Cooking Demo (RR)</b> 7:15 Evening Movie (PT)</div>	<div>16</div> <div><b>9:45 Bus Leaves for Brenham, TX Lunch at “LJ’s BBQ” restaurant and Tour at “Blue Bell Creamery” (Lobby)</b> 1:15 Quarter Bingo (RR) <b>3:00 Afternoon Matinee (PT) “America’s National Parks” DVD</b> 7:15 Evening Movie (PT)</div>	<div>17</div> <div>10:00 Wii Bowling: King &amp; Queen Pins (RR) <b>1:30 Book Club with Dennis (BSL)</b> <b>3:00 HAPPY HOUR with musical performance, sponsored by “My Companion” &amp; “MyFamily” Hospice (RR)</b> 7:15 Evening Movie (PT)</div>	<div>18</div> <div>10:00 Greeting Card Workshop (RR) 1:00 Bridge Club (BSL) 1:00 Wii Bowling Follies (RR) <b>3:00 “SHARE YOUR STORY” SOCIAL Topic “MY CHILDHOOD” (2nd floor Lobby)</b> 7:15 Evening Movie (PT)</div>	<div>19</div> <div><b>9:00 Garden Club</b> (2nd floor, Courtyard) 10:30 Morning Exercise (RR) <b>1:30 Floral Arrangement (REFRESHING) (RR)</b> 4:00 Quarter Rummikub (BSL) 7:15 Evening Movie (PT)</div>
<div>20</div> <div>8:00 Church Transportation 9:00-2:00 Sunday Brunch (DR) 2:00 Chapelwood United Methodist Church Online Worship Service (PT) 3:30 Tallowood Baptist Church on DVD(PT) 4:00 Quarter Rummikub (BSL) 7:15 Sunday Movie (PT)</div>	<div>21</div> <div> 10:15 Card Kit Workshop (RR) <b>11:00-1:00 “Summer Lemon Vibes Party” Lunch in Celebration of National Senior Citizens Day! Live entertainer, Calvin Gainey (DR)</b> 1:00 Bible Study (RR) <b>2:30 Watercolor workshop with “AccentCare” (RR)</b> <b>3:00 Ice Cream Social (GS)</b> 7:15 Evening Movie (PT)</div>	<div>22</div> <div>10:00 Wii Bowling Beauties (RR) 10:00 Needle Art (2nd floor, across # 2228) Knitting, Crochet, Cross Stitch, Needlepoint 1:00 Bridge Club (BSL) 1:30 Afternoon Exercise (RR) <b>3:00 Essential Oil Class with Amy Breeden “doTERRA essential oils” (RR)</b> 7:15 Evening Movie (PT)</div>	<div>23</div> <div><b>10:15 Bus Leaves for a Tour at “Czech Center Museum” &amp; Lunch at “Fiori” Italian Cuisine (Lobby)</b> 1:15 Quarter Bingo (RR) <b>3:00 Afternoon Matinee (PT) “St. Petersburg” DVD</b> 7:15 Evening Movie (PT)</div>	<div>24</div> <div>10:00 Wii Bowling: King &amp; Queen Pins (RR) <b>1:30-3:30 *All Programs Gathering DME CLINIC with “Benchmark” Home Health (Bistro, Wellness Center)</b> <b>3:30 Sing- Along Social (RR)</b> 7:15 Evening Movie (PT)</div>	<div>25</div> <div> 10:00 Greeting Card Workshop (RR) 1:00 Wii Bowling Follies (RR) 1:00 The Abbey Bridge Club (BSL) <b>3:00 Pawject Runway~ Dog Show (Wellness Center, MPR)</b> 3:00 Men’s Billiards (BSL) 7:15 Evening Movie (PT)</div>	<div>26</div> <div><b>9:00 Garden Club</b> (2nd floor, Courtyard) 10:30 Morning Exercise (RR) <b>*All Programs Gathering*</b> 1:00 Dementia &amp; Alzheimer’s Support Group “LEAN ON ME” with Roger D. (AL, Game Room) <b>1:30 Floral Arrangement (RR)</b> 4:00 Quarter Rummikub (BSL) 7:15 Evening Movie (PT)</div>
<div>27</div> <div>8:00 Church Transportation 9:00-2:00 Sunday Brunch (DR) 2:00 Chapelwood United Methodist Church Online Worship Service (PT) 3:30 Tallowood Baptist Church on DVD(PT) 4:00 Quarter Rummikub (BSL) 7:15 Sunday Movie (PT)</div>	<div>28</div> <div>10:15 Card Kit Workshop (RR) 1:00 Bible Study (RR) <b>3:00 Ice Cream Social (GS)</b> 3:30 Giant Crossword Puzzle (RR) 7:15 Evening Movie (PT)</div>	<div>29</div> <div>10:00 Wii Bowling Beauties (RR) 10:00 Needle Art (2nd floor, across # 2228) Knitting, Crochet, Cross Stitch, Needlepoint 1:00 Bridge Club (BSL) 1:30 Afternoon Exercise (RR) <b>3:00 Tech Workshop ~ Sign up (RR) Assistance with your iPhone or iPad</b> 7:15 Evening Movie (PT)</div>	<div>30</div> <div>10:00 Coffee &amp; News (RR) 1:15 Quarter Bingo (RR) <b>3:00 Afternoon Matinee (PT) “Lavern &amp; Shirley - A&amp;E Biography” YouTube</b> <b>4:30 Bus Leaves for Dine Around Houston to “Fleming’s” Steakhouse (Lobby)</b> 7:15 Evening Movie (PT)</div>	<div>31</div> <div><b>*All Programs Gathering* SUMMER SALE EVENT 12:00-4:00 Indoor Shopping Miraculous Jewelry &amp; Dillard’s Pop-Up Shop (RR)</b> 1:00 Bridge Club (BSL) <b>2:00 Musical on BroadwayHD (PT) “Anything Goes”</b> 7:15 Evening Movie (PT)</div>	<div><b>Location Key:</b> <b>DR-Dining Room; RR- 2nd floor Activity Room;</b> <b>GS- 2nd floor General Store; PT–3rd floor Theater;</b> <b>BSL- 4th floor Sports Lounge; WC- Wellness Center;</b> <b>MPR-2nd floor Multi-Purpose Room in the Wellness Center</b></div> <div></div>	

The Abbey at Westminster Plaza Drive. Houston, TX 77082 ~ ACTIVITIES & TIMES ARE SUBJECT TO CHANGE ~ Social Director, Irina Wardrip