



The Abbey[®]
AT WESTMINSTER PLAZA
A Luxury Retirement Community

2855 Westminster Plaza Drive • Houston, TX 77082 • (281) 556-6020

January 2024

Staff Directory

Independent Living Managers at Your Service:

- Danielle Olstedt Executive Director
- Sahar Hussain Sales & Marketing Director
- Raquel Tiller Move In Coordinator
- Gerardo Parra Maintenance Director
- Roger Elkhouri Executive Chef
- Kathi Hill Fitness Director
- Irina Wardrip Social Director
- Karleann Leite Office Manager

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PROTECT YOUR PRIVACY ONLINE

Data Privacy Day on Jan. 28 reminds us how important it is to keep our personal information secure, especially in this digital age. Use these tips to protect your data online:

- On all your devices, keep apps and software up-to-date.
- Use long, unique passwords for different accounts. Change them occasionally, or whenever there's a security breach.
- Enable multi-factor authentication for important accounts like banking and social media.
- Turn off location and activity tracking on mobile apps, and regularly clear cookies on your browser.

Find us on

THE ABBEY AT WESTMINSTER PLAZA

SEND A FRIEND

RESIDENT REFERRAL PROGRAM



\$2,000 INCENTIVE

CONTACT OUR SALES TEAM FOR MORE INFORMATION (EXCLUSIONS APPLY) (281)556-6020

happy new year



Activities



HOLIDAY FESTIVITIES



We had a wonderful winter performance by "Alife Montessori Community School" on December 13th. These 4th & 5th graders sang about 13 holiday songs in different languages. Very impressive!



HOLIDAY PAJAMAS



HANUKKAH CELEBRATION!

Featured Photo



SENIOR EXPO & HOLIDAY MARKET



THERE WERE VENDORS, FREE HEALTH SCREENINGS, SENIOR & HEALTH RESOURCES

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TAP DANCE GROUP "GOLDEN GIRLS"

Men's Club



Men's Social "Whiskey & Hats" was such a success that our gentlemen asked

for a repeat! All right then, plan to join us for "Whiskey & Sport Trivia" on Monday, January 22nd, at 3pm in the Sports Lounge!



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Baking Club

Residents & staff made holiday cookies and sipped on the fresh, hot wassail!



Act of Kindness



Our residents graciously volunteered and helped to wrap 300 children's books for Cummings Elementary School. We thank Beth Leachman for coordinating and letting us be a part of this great cause!

OUT & ABOUT



RIVER OAKS CHRISTMAS LIGHTS TOUR WITH MISTER MCKINNEY



FRIENDSGIVING AT THE "TASTE OF TEXAS" RESTAURANT

PICK A PUZZLE

Jigsaw puzzles, crosswords, word searches and puzzles of every kind can be relaxing while also engaging the brain. If you're not already a puzzler, take your pick and solve one on National Puzzle Day, Jan. 29.



Don't miss a chance to win some prizes at Jigsaw Puzzle Competition on 1/29 at 2:30pm on the 2nd floor, Activity Room.

Christmas Casino Party



The Abbey, Independent Living thanks "iHostPoker" company, saxophonist Jack T. Carr and our

Chef Roger for making this Christmas party so beautiful and fun!



Hooray for Hollywood
Hollywood awards season is here and Golden Globe Awards have a new home. The 81st annual ceremony will air Sunday, January 7th, on CBS at 7PM. Come to our Movie Theater, get cozy, watch the show and enjoy some popcorn.





JANUARY BIRTHDAYS ~ RESIDENTS:

- 1/1 - Ann S.
- 1/10 - Dolores L.
- 1/10 - Gail D.
- 1/12 - Nat D.
- 1/12 - Koki T.
- 1/20 - Margaret W.
- 1/28 - Jim B.

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JANUARY BIRTHDAYS ~ STAFF:

- 1/12 - Maria A. (Housekeeping)
- 1/18 - Roxany P. (server)

JOIN US AND HELP CELEBRATE OUR MONTHLY BIRTHDAYS & WEDDING ANNIVERSARIES ON THURSDAY, JANUARY 11th, AT 3PM IN THE ACTIVITY ROOM. WE WILL HAVE LIVE MUSIC WITH AN AWESOME ENTERTAINER, RODNEY RASBERRY!



Word Search

- | | |
|-------------|------------|
| Birthday | Hot Cocoa |
| Celebration | January |
| Champagne | Mittens |
| Cold | New Year |
| Confetti | Resolution |
| Fireworks | Slippers |
| Goal | Snow |
| Hockey | Start |

N	X	Z	I	N	D	H	K	P	S	N	O	W	Q	R
B	B	S	W	J	O	L	H	X	O	S	N	B	G	K
E	G	S	J	C	J	I	O	I	W	T	V	R	B	H
N	E	R	K	A	V	Y	T	C	H	A	T	I	S	H
G	T	E	I	U	A	A	C	U	P	R	R	K	Z	L
A	Y	P	T	A	R	V	O	V	L	T	R	I	I	L
P	G	P	T	B	G	V	C	F	H	O	Z	D	R	R
M	S	I	E	O	L	O	O	D	W	X	S	Q	A	V
A	N	L	F	I	G	Y	A	E	F	S	J	E	W	Y
H	E	S	N	Q	V	Y	R	L	P	A	Y	K	R	C
C	T	B	O	M	Y	I	K	Z	O	W	I	A	H	Z
H	T	C	C	C	F	V	K	D	E	J	U	B	R	Y
G	I	Q	Y	M	I	Q	A	N	G	N	G	L	H	L
I	M	V	A	J	M	M	G	L	A	Y	J	Y	A	Q
P	C	Z	X	X	K	R	C	J	A	F	X	B	A	H