10:00 Wii Bowling: King 9:00 Garden Club 10:00 ACTIVITIES MEETING (RR) & Queen Pins (RR) (2nd floor, Courtyard) August 2024 I:00 Bridge Club (BSL) 10:30 Morning Exercise (RR) 1:15 Adult Coloring (RR) 1:00 Wii Bowling Follies (RR) All Programs Gathering * 3:00-5:00 Swim & Ice Cream 1:15 Flexibility & Gentle Stretching 2:30 Historic Houston with Mister Social (WC, Pool & Bistro) 2nd Floor Lobby) McKinney. Celebrating Houston's 4:00 Rummikub for fun (BSL) 2:00 Seated Senior Yoga with Orion 7:15 Evening Movie (PT) Fitness (2nd Floor Lobby-IL) 188th Birthday! (RR) 3:00 School Supply Drive 7:15 Evening Movie (PT) ACTIVITY CALENDAR ~ INDEPENDENT LIVING Appreciation Party (RR) 7:15 Evening Movie (PT) 10 9:15 Bus Leaves for Holocaust 9:00 Garden Club 10:00 Wii Bowling Beauties (RR) 8:00 Church Transportation (Lobby) Museum & Lunch at "Candente" 2nd floor, Courtyard) 10:15 Card Kit Workshop (RR) 10:00 Needle Art (2nd floor, across # 2228) 10:00 Catholic Mass & Communion 2:00 Chapelwood United Methodist 10:30 Morning Exercise (RR) Tex Mex Cuisine (Lobby) 10:00 Wii Bowlina: Kina 1:00 Bible Study (RR) Knitting, Crochet, Cross Stitch, Needlepoint with Father Joseph from Saint Justin Church Online Worship Service (PT) 10:30 Flexibility & Gentle & Queen Pins (RR) 1:00 "Lean On Me" Alzheimer's & 3:00 Root Beer Floats Social & 1:00 Bridge Club (BSL) Martyr Catholic Church (RR) 3:00 Jigsaw Puzzles (RR) Stretching Class with Kathi (RR) 1:15 Adult Coloring (RR) Dementia Support Group With 1:00 TOWH HALL MEETING 1:00 Bridge Club (BSL) American Trivia (2nd floor Lobby) 3:30 Tallowood Baptist Church ~ DVD 2:30 Afternoon Matinee (PT) Roger (Assisted Living, MR) (2nd floor Lobby) 3:00 Monthly Birthday & Wedding 1:00 Wii Bowling Follies (RR) 7:15 Evening Movie (PT) Celebrating City of Houston 188th **Anniversary Celebration with** 2:30 The Abbey Style Olympics 3:00-5:00 Swim & Ice Cream 2:30 BroadwayHD presents: Birthday "Sam Houston" DVD 4:00 Rummikub for fun (BSL) entertainer, Jon Ingram (RR) Awards Ceremony - Awarding of Social (WC, Pool & Bistro) Musical "Funny Girl" (PT) 7:15 Sunday Movie (PT) 3:00 Quarter Bingo (RR) the Gold, Silver, & Bronze Medals 4:00 Rummikub for fun (BSL) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) (Wellness Center, 2nd floor MPR) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) National Tell a Joke Day 11 10:00 Wii Bowling Beauties (RR) 9:15 Bus Leaves for Galveston, TX. 17 9:00 Garden Club :15 HOUSTON jigsaw puzzle (RR) 8:00 Church Transportation (Lobby) 10:00 Wii Bowling: King 10:00 Needle Art (2nd floor, across # 2228) The Bryan Museum Tour & Lunch at (2nd floor, Courtyard) :00 Bridge Club (BSL) 2:00 Chapelwood United Methodist "Willie G's" Seafood & Steaks & Queen Pins (RR) 10:30 Morning Exercise (RR) Knitting, Crochet, Cross Stitch, Needlepoint :00 Wii Bowling Follies (RR) Church Online Worship Service (PT) 10:15 Giant Crossword Puzzle Lobby) 1:30 The Abbey Book Club (BSL) 1:00 Bridge Club (BSL) 1:15 Flexibility & Gentle Stretching (2nd 3:00-5:00 Swim & Ice Cream 3:00 Jigsaw Puzzles (RR) 10:30 Flexibility & Gentle Floor Lobby) (2nd floor, Lobby) 2:30 Greeting Card Workshop (RR) 3:00 EXPERT TALK (RR) Social (WC, Pool & Bistro) 3:30 Tallowood Baptist Church ~ DVD Stretching Class with Kathi (RR) 2:00 Seated Senior Yoga with Orion 7:15 Evening Movie (PT) "Armchair travel through Alaska' 1:00 Bible Study (RR) 4:00 Rummikub for fun (BSL) Fitness (2nd Floor Lobby-IL) 2:30 Afternoon Matinee (PT) Special quest & speaker, Becky 3:00 Wii Bowling Party &Snow Cones 3:00 Open Mic Social -Share your 7:15 Evening Movie (PT) 4:00 Rummikub for fun (BSL) 'Audrey Hepburn in the movies" DVD Zielinski from the Lighthouse (RR & 2nd floor, courtyard) jokes, and funny stories (2nd floor, 7:15 Sunday Movie (PT) 3:00 Quarter Bingo (RR) Travel Partner (RR) Lobby) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) 20 9:30 Bus Leaves for Gerald D. 21 22 **23** 9:00 Garden Club 18 19 24 GREAT lines Waterwall Park (Lobby) 10:00 Wii Bowling: King 8:00 Church Transportation (Lobby) 10:15 Giant Crossword Puzzle 2nd floor, Courtyard) 10:30 Flexibility & Gentle 2:00 Chapelwood United Methodist (2nd floor, Lobby) & Queen Pins (RR) 10:00 Sentimental Sing-Along Songs of 10:30 Morning Exercise (RR) 10:00 Wii Bowling Beauties (RR) Stretching Class with Kathi (RR) 1:15 EXPERT TALK (RR) Church Online Worship Service (PT) Praise & Inspiration (RR) 10:00 Needle Art (2nd floor, across # 2228) 1:00 "Lean On Me" Alzheimer's & 1:00 Bible Study (RR) 2:30 Afternoon Matinee (PT) "Immunization Awareness" 1:00 Bridge Club (BSL) 3:00 Jigsaw Puzzles (RR) Knitting, Crochet, Cross Stitch, Needlepoint **Dementia Support Group With** 2:30 Painting Workshop (RR) 'John Lennon: Genius or Bastard?" on presentation by Medic Pharmacy 1:00 Wii Bowling Follies (RR) 3:30 Tallowood Baptist Church ~ DVD 1:00 Bridge Club (BSL) Roger (Assisted Living, MR) YouTube Method: watercolor :15 Flexibility & Gentle Stretching 2:30 Ice Cream & Trivia Social with Robert 3:00 Laughter Yoga with Emma 3:00-5:00 Swim & Ice Cream 3:00 Quarter Bingo (RR) (2nd Floor Lobby) 7:15 Evening Movie (PT) Benavidez from "Devoted Health Plans" Ferguson (RR) 4:00 Rummikub for fun (BSL) 4:30 Bus Leaves for Dine Around Social (WC, Pool & Bistro) All Programs Gathering * 5-7 Roaring 20's Dinner Party in 7:15 Sunday Movie (PT) 7:15 Evening Movie (PT) Houston to "Maison Pucha Bistro" 3:00 Pawject Runway~ Dog Show 4:00 Rummikub for fun (BSL) celebration of National Senior Citizens French Cuisine (Lobby) (Wellness Center, MPR) Day. Jazz singer, Danielle Reich (DR) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) 9:00 Bus Leaves for Minute Maid 25 26 10:00 Tech Workshop ~ Sign up (RR $oldsymbol{30}$ 10:00 Wii Bowling: King Assistance with your IPhone or IPad 9:00 Garden Club 8:00 Church Transportation (Lobby) 10:15 Giant Crossword Puzzle 0:00 Wii Bowling Beauties (RR) 2:00 Chapelwood United Methodist (2nd floor, Lobby) Park, Houston Astros Tour & 1:00 Bridge Club (BSL) (2nd floor, Courtyard) 10:00 Needle Art (2nd floor, across # 2228) & Queen Pins (RR) Lunch at "Goode Company 10:30 Morning Exercise (RR) 1:15 Scattergories (RR) 1:00 Wii Bowling Follies (RR) Church Online Worship Service (PT) Knitting, Crochet, Cross Stitch, Needlepoint 1:00 Bible Study (RR) 1:15 Flexibility & Gentle Stretching Seafood" (Lobby) 3:00-5:00 Swim & Ice Cream 1:00 Bridge Club (BSL) 3:00 EXPERT TALK (RR) 3:00 Jigsaw Puzzles (RR) 3:00 Meet & Greet Social (RR) 10:30 Flexibility & Gentle 2nd Floor Lobby) Social (WC, Pool & Bistro) 3:00 Cooking Demo with Chef, 3:30 Tallowood Baptist Church ~ DVD 'FBI Overview" presented by 2:00 Squiggle Ball (2nd floor, Lobby) Stretching Class with Kathi (RR) 7:15 Evening Movie (PT) 4:00 Rummikub for fun (BSL) Roger (RR) quest speaker Public Affairs All Programs Gathering * 2:30 Afternoon Matinee (PT) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) 4:00 Rummikub for fun (BSL) 3:00 SUMMER FIESTA Happy Hour Officer, Connor Hagan. "Ronald Regan. An American 7:15 Sunday Movie (PT) with live performer, Jesus Journey" DVD 7:15 Evening Movie (PT) Aleiandro (Bistro, WC) 3:00 Quarter Bingo (RR) 7:15 Evening Movie (PT) 7:15 Evening Movie (PT) The Abbey at Westminster Plaza. Houston, TX 77082 ~ ACTIVITIES & TIMES ARE SUBJECT TO CHANGE ~ Social Director, Irina Wardrip

Wednesday

Thursday

Tuesday

Saturday

Friday

Sunday

Monday