



The Abbey[®]
 AT WESTMINSTER PLAZA
 A Luxury Retirement Community

2855 Westminster Plaza Drive • Houston, TX 77082 • (281) 556-6020

Staff Directory



Danielle Olstedt Executive Director
 Sahar Hussain Sales & Marketing Director
 Raquel Tiller Move In Coordinator
 Gerardo Parra Maintenance Director
 Roger Elkhouri Executive Chef
 Irina Wardrip Social Director
 Kathi Hill Fitness Director
 Adwanys Casanova Office Manager



Happy
 Birthday



THANK YOU, MEDIC PHARMACY, FOR THE LOVELY ROSES AND MONTHLY, SWEET TREATS!

August 2024



THE ABBEY

At Westminster Plaza
 A LUXURY RETIREMENT COMMUNITY

RESIDENT REFERRAL PROGRAM

GET \$2,000 WHEN YOU REFER A FRIEND TO MOVE INTO THE ABBEY

(EXCLUSIONS APPLY)

FOR MORE INFORMATION CALL SAHAR HUSSAIN - SALES & MARKETING DIRECTOR SHUSSAIN@ABBAYWP.COM

281 556-6020
 ABBAYWP.COM



Find us on

OUT and ABOUT



Levant
Foundation
Gallery "2024
Student
Exhibition"



Schulenburg
Historical
Museum & Lunch
at "Garden Co"
restaurant



GALVESTON, TX

Chico's Fashion Show



We express our gratitude to every resident who volunteered to model at our Fashion Show!



Silent Auction Fundraising Event on The Longest Day

Save the Date



**8/1 (2:30pm)
Activity Room**

Celebrating HOUSTON'S 188th BIRTHDAY with Houston Historian and TV's Mister McKinney!

**8/9 (3pm) 2nd Floor,
Activity Room**

WII BOWLING PARTY in celebration of National Bowling Day!

**8/16 (3pm) 2nd
Floor, Lobby**

National Tell a Joke Day!
OPEN MIC SOCIAL: Share your jokes, and funny stories.

**8/20 (5-7pm)
Dining Room**

A ROARING '20s DINNER PARTY in celebration of National Senior Citizens Day with jazz vocalist, Danielle Reich!

**8/23 (3pm) MPR,
Wellness Center**

PAWJECT RUNWAY - The Abbey Dog Show

**8/30 (3pm) Bistro,
Wellness Center**

SUMMER FIESTA with fresh margaritas & appetizers, live performance by Jesus Alejandro!



What's **Cooking**

Chef Roger's Cooking Demo



**Spanakopita
and baklava with
lemon vinaigrette
salad**



Slurp Up a Taste of Summer

A snow cone is a classic summertime treat. Depending on where you live, the cool concoction may be called a different name, such as a snowball or shaved ice, and vary in the consistency of the "snow," or ice, but it's usually topped with brightly colored syrups in fruity flavors.

Come join us for Snow Cones and a Corn Hole Game on Monday, August 12th, at 3pm on the 2nd floor, courtyard.



Team Member Highlight

YOU ARE APPRECIATED!

Gerardo Parra Maintenance
Oscar Moreno Maintenance
Raquel Tiller Marketing
Victoria Lewis Security
Jordan Hicks Security
Jesus Tuch Cook
Juan Evangelista Lead Cook
Noel Martinez DR Supervisor
Sprout Alfaro DR Assistant
Sierra Houston Server

**Thank you for your
outstanding contribution
during hurricane "Beryl" on
Monday, July 8th!**



Arts and Crafts



GREETING CARDS WORKSHOP



ROCK PAINTING CLASS



JIGSAW PUZZLE



Health & Fitness



Squiggle Ball improves cardiovascular health. Enhancing balance and coordination, the game provides a full-body workout that promotes overall fitness and well-being.

Join us every Friday at 2pm on the 2nd floor, Lobby.



JOIN US AND HELP CELEBRATE OUR MONTHLY BIRTHDAYS & WEDDING ANNIVERSARIES ON THURSDAY, AUGUST 8th, AT 3PM IN THE ACTIVITY ROOM. WE WILL HAVE LIVE MUSIC WITH AN AWESOME ENTERTAINER, RODNEY RASBERRY!

AUGUST BIRTHDAYS ~ RESIDENTS

- 8/3 - Richard S.
- 8/7 - Jim K.
- 8/9 - Jerry D.
- 8/10 - Gerald M.
- 8/16 - Vicki D.
- 8/19 - Bill C.
- 8/20 - Merle C.
- 8/20 - Bob C.
- 8/23 - Marge D.
- 8/31 - Joanne P.

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AUGUST BIRTHDAYS ~ STAFF:

- 8/6 - Danielle O. (Executive Director)
- 8/9 - Maria M. (Line Cook)
- 8/13 - Noel M. (DR Supervisor)

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WEDDING ANNIVERSARY:

- 8/21 - Richard & Janet S.

Word Search

Category: Major League Baseball Teams

<p>A D T I G E R S P G D M S W C U B S N I K H O M T S H D D S R S P R D D R T G I Y A N K O E G R O N H A T I K C S D E O S A R E L E K M T S R Y E I S R D I S B E O S A L G A K E C C O M X N L O M D S R E D S X G G S I D G C P A D R E S V D R A N G E R S L G G C C O B R A V E S N I W T E</p>	<p>1. <u>Dodgers</u></p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p> <p>5. _____</p> <p>6. _____</p> <p>7. _____</p> <p>8. _____</p> <p>9. _____</p> <p>10. _____</p> <p>11. _____</p> <p>12. _____</p> <p>13. _____</p> <p>14. _____</p> <p>15. _____</p> <p>16. _____</p> <p>17. _____</p> <p>18. _____</p> <p>19. _____</p> <p>20. _____</p>
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Word Search Solution:

<p>1. Angels</p> <p>2. Astros</p> <p>3. Braves</p> <p>4. Cubs</p> <p>5. Dodgers</p> <p>6. Giants</p> <p>7. Marlins</p> <p>8. Mets</p> <p>9. Orioles</p> <p>10. Padres</p>	<p>11. Pirates</p> <p>12. Rangers</p> <p>13. Rays</p> <p>14. Reds</p> <p>15. Red Sox</p> <p>16. Rockies</p> <p>17. Royals</p> <p>18. Tigers</p> <p>19. Twins</p> <p>20. White Sox</p>
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