Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>8:00 Church Transportation (Lobby)</b> 10:30 Morning Exercise (RR) 2:00 Chapelwood United Methodist Church Online Worship Service (PT) <b>3:00 Hot Cocoa &amp; Cookies (GS)</b> 3:30 Tallowood Baptist Church ~ DVD (PT) 4:00 Rummikub for fun (BSL) 7:15 Sunday Movie (PT)	2 10:00 Donuts & Coffee with Marketing Team (BSL) 12:30 Community photo (1st floor lobby) *Holiday Glasses* 1:00 Bible Study with Fred B. (RR) 3:00 Karaoke with Dan (RR) 7:15 Evening Movie (PT)	Community Photo *Santa's Hat* (2 <sup>nd</sup> floor Lobby)	10:15 Bus Leaves for Wortham Theater "A Little Day Music" *Holiday Jazz Favorites* Lunch Boxes TO-GO (Lobby) 10:25 Flexibility & Gentle Stretching Class with Kathi (RR) 12:30 Community photo (1st floor lobby) *Your favorite Christmas Attire* 2:30 Greeting Card Workshop (RR) 7:15 Evening Movie (PT)	& Queen Pins (RR) 12:30 Community photo (1st floor lobby) *Christmas Socks* 3:00 Monthly Birthday & Wedding Anniversary Celebration with entertainer, Karen Pfeiffer (RR) 6:00 Bus leaves for Chapelwood United Methodist Church for a concert "Carols & Keyboards" 7:15 Evening Movie (PT)	1:30 Flexibility & Gentle Stretching (2 <sup>nd</sup> Floor Lobby) 2:00 Squiggle Ball (2 <sup>nd</sup> floor, Lobby) 3:00 Community photo (2nd floor lobby) *Holiday PJ & Popcorn* Christmas Movie Trivia (RR) 7:00 Live stream concert (PT) "Carols & Keyboards" Chapelwood United Methodist Church	9:00 Garden Club (2nd floor, Courtyard) 10:30 Morning Exercise (RR) <b>12:30 Community photo</b> (1 <sup>st</sup> floor lobby) <b>*Christmas Light Necklace*</b> <b>3:00 Quarter BINGO &amp; BOOZE (RR)</b> 4:00 Rummikub for fun (BSL) 7:15 Evening Movie (PT)
Concert (Lobby)	9 10:15 Card Kit Class (RR) 1:00 Bible Study with Fred B. (RR) 3:00 Community photo (2nd floor lobby) *Wear any GRINCH attire* Grinchmas Party 7:15 Evening Movie (PT)	Celebrating 10 <sup>th</sup> year Anniversary of Independent Living! 10:00 Wii Bowling Beauties (RR) 1:00 Bridge Club (BSL) 4:30-7:00 Red Carpet Open House and Holiday Tours! Charcuterie Board & Hors do' oeuvres Open Bar & Caricature artist (1 <sup>st</sup> & 2 <sup>nd</sup> floors)	11 10:25 Flexibility & Gentle Stretching Class with Kathi (RR) 12:30 Community photo (1st floor lobby) Christmas Hats & Scarfs 1:30 Quarter Bingo w/ Sarah W. (RR) 4:00 Bus Leaves for Dine Around Houston "Ouisie's" New American Cuisine followed with River Oaks Christmas Lights (Lobby) 7:15 Evening Movie (PT)	Gingerbread House Day 12 10:00 Wii Bowling: King & Queen Pins (RR) 12:30 Community photo (1st floor lobby) Christmas Jewelry 2:00 Gingerbread House Workshop (RR) *All Programs Gathering* 5:30 Christmas Carols with Girl Scout troops (Assisted Living, Dining Room) 7:15 Evening Movie (PT)	with Father Joseph from Saint Justin Martyr Catholic Church (RR) 1:00 Wii Bowling Follies (RR) 1:00 Bridge Club (BSL) 1:00 Christmas Carols with Sherwood Forest Montessori School (2nd Floor Lobby) 2:30 Employee Christmas Party Bonus Give Away (Bistro, WC) 2:20 Holiday coloring pages (PP)	9:00 Garden Club (2nd floor, Courtyard) 10:30 Morning Exercise (RR) 2:30 Christmas Art & Craft Workshop (RR) 3:00 Bus leaves for St. Martin's Episcopal Church "Houston Boychoir Winter Concert" (Lobby) 4:00 Rummikub for fun (BSL) 7:15 Evening Movie (PT)
Church Online Worship Service (PT) 3:00 Hot Cocoa & Cookies (GS) 3:30 Tallowood Baptist Church ~ DVD (PT)	16 10:15 Card Kit Class (RR) 1:00 Bible Study with Fred B. (RR) 2:30 EXPERT TALK (RR) Mobile Dental Associates presentation. Guest speaker Becky Crittenden 7:15 Evening Movie (PT)	10:00 Wii Bowling Beauties (RR) 1:00 Bridge Club (BSL) 1:30 Fun Therapeutic: Adult	18 10:25 Flexibility & Gentle Stretching Class with Kathi (RR) 1:30 Afternoon Matinee (PT) "The Nutcracker" on BroadwayHD 3:30 Quarter Bingo (RR) 6:30 Bus Leaves for Christmas Lights at Tangelwood (Lobby) 7:15 Evening Movie (PT)	19 10:00 Wii Bowling: King & Queen Pins (RR) 1:30 The Abbey Book Club (BSL) 2:00-4:00 Christmas Photo Day with special guests at your apartment. Be ready, dress festive! 7:15 Evening Movie (PT)	10:30 Welcome Committee Meeting (RR) 1:00 Wii Bowling Follies (RR) 1:00 Bridge Club (BSL) 1:30 Flexibility & Gentle Stretching (2 <sup>nd</sup> Floor Lobby) 2:00 Squiggle Ball (2 <sup>nd</sup> floor, Lobby) 3:00 Pretty "Ugly" Christmas Sweater & Sangria Social (RR)	21 9:00 Garden Club (2nd floor, Courtyard) 10:30 Morning Exercise (RR) *All Programs Gathering* 10:30 Children Choir with Kyle's Studio (Assisted Living, Dining Room) 2:30 Cooking Club (RR) *Cake Pops & Hot Wassail * 4:00 Rummikub for fun (BSL) 7:15 Evening Movie (PT)
3:30 Tallowood Baptist Church ~ DVD (PT)	10:15 Giant Crossword Puzzle (2 <sup>nd</sup> floor, Lobby) 1:00 Bible Study with Fred B. (RR) <b>2:30 Painting Workshop (RR)</b> Method: Watercolor	10:00 Wii Bowling Beauties (RR) 1:00 Bridge Club (BSL) 1:30 Fun Therapeutic: Adult coloring pages (RR) 3:00 "Jingle & Mingle" (RR) EGGNOG & Sing-Along Social	HAPPY HANUKKAH! Jigsaw Puzzles, Coloring Pages & Games (2 <sup>nd</sup> floor, Activity Room)	<ul> <li>26</li> <li>10:00 Wii Bowling: King &amp; Queen Pins (RR)</li> <li>1:15 Matinee Hour "Hope for the Holidays" Bob Hope *DVD* (PT)</li> <li>1:30 Afternoon Exercise (RR)</li> <li>*All Programs Gathering*</li> <li>3:00 Happy Hour with entertainer</li> <li>Kameron (Bistro, WC)</li> <li>7:15 Evening Movie (PT) Boxing Day (Canada) Kwanzaa Begins</li> </ul>	L 1 10:00 Tech Workshop- Sign up (RR) Assistance with your iPhone or iPad 1:00 Wii Bowling Follies (RR) 1:00 Bridge Club (BSL) 3:00 Dice Game "Left Center Right" with prizes (RR)	9:00 Garden Club
Church Online Worship Service (PT) <b>3:00 Hot Cocoa &amp; Cookies (GS)</b> 3:30 Tallowood Baptist Church ~ DVD (PT) 4:00 Rummikub for fun (BSL) 7:15 Sunday Movie (PT)	<b>30</b> 10:30 ACTIVITIES MEETING (RR) 1:00 Bible Study with Fred B. (RR) <b>3:00 Laugher Yoga with</b> Instructor, Emma Ferguson (RR) 7:15 Evening Movie (PT)	1:00 Will Bowling Beauties (RR) 1:00 Bridge Club (BSL) 1:30 Fun Therapeutic: Adult coloring pages (RR) 2:30 Afternoon Matinee (PT) "Andre Rieu Live in Vienna" YouTube <u>6pm-8pm New Year's Eve Dinner Party!</u> <u>Champagne Toast to 2025!</u> <u>Dress to Impress! Live music</u> with Dennis Evans (DR) New Year's Eve	ΑCTIVITY C	embes CALENDAR ~ IN	DEPENDENT LIVIN	G

The Abbey Independent Living ~ 2855 Westminster Plaza Drive. Houston, TX 77082 ~ ACTIVITIES & TIMES ARE SUBJECT TO CHANGE

