



The Abbey®

AT WESTMINSTER PLAZA

A Luxury Retirement Community - Assisted Living & Memory Enhancement

2865 Westminster Plaza Drive • Houston, TX 77082 • (281) 556-6020

Your Friendly Staff

Maria Alvarado Executive Director
 Rukayat Ayodele Assisted Living Director
 Susan Dorantes Activities Director
 Priscilla Gildon Wellness Director
 Roxanne Alinsug Wellness Coordinator
 Ashley Abdulla Dietary Manager
 Karleann Leite Office Manager
 Sahar Hussain Sales & Marketing Director
 Gerardo Parra Maintenance Director

Important Numbers

Main Number 281-556-6020
 Fax 281-556-0136
 After-Hours Security 713-876-5134
 After-Hours Assisted Living 346-480-5112
 Isabel/Salon 832-316-0172

Medical Services

Dr. Aman Ali Jafar By Appointment
 Dr. N. Ahmed By Appointment
 Dr. Zock-A-Zock By Appointment
 Merci Gathogo, NP By Appointment
 Podiatrist By Appointment
 Mobile Dentistry By Appointment



January 2025



Happy New Year!

"Ring out the old, ring in the new,
 Ring, happy bells, across the snow:
 The year is going, let him go;
 Ring out the false, ring in the true."

—Alfred Lord Tennyson

We want to wish all of our residents a happy new year.

We hope it's the best one yet! Our resolution for the year remains the same as always: To ensure our residents have a wonderful place to call home. Let us know if there is anything we can do to better fulfill this resolution. Happy New Year!

THIS MONTH'S BIRTHDAYS:

- 1/02 - Mui T.
- 1/07 - Mercedes J. (staff)
- 1/16 - Helen J. 100th Birthday!
- 1/19 - Glenn B.
- 1/26 - Claudia T. (staff)

HOLIDAY SPIRIT

Residents jumped into the holiday spirit and helped decorate the Christmas trees in the multi-purpose room, second and third floor lounge areas.



TASTE OF TEXAS

A prime cut of beef, a baked potato and a side of greens. Across America, those are the makings of a classic steakhouse meal.



DACAMERA

The Abbey community enjoys going to the DACAMERA of Houston musical performances in the Wortham Theater for the Holidays!



ICE CREAM SOCIAL



Scooped in a dish, on a cone or in a sundae, ice cream is often a crowd-pleaser!



WINTER LIGHTS



The Abbey residents enjoyed the festive displays of holiday lights on our Christmas joy rides.



ABBEY ANNIVERSARY



The Abbey Independent Living celebrated their 10th year anniversary since it opened.



THE GOLDEN GIRLS



Residents enjoyed the spectacular tap dance performances from "The Golden Girls."



HAPPY HOLIDAYS!

We enjoyed carols presented by the Anderson family.





Happy Holidays from the Lake family & staff!

