

The Abbey[®]

AT WESTMINSTER PLAZA

A Luxury Retirement Community - Assisted Living & Memory Enhancement

2865 Westminster Plaza Drive • Houston, TX 77082 • (281) 556-6020

Your Friendly Staff

Maria Alvarado	Executive Director
Rukayat Ayodele	Assisted Living Director
Susan Dorantes	Activities Director
Priscilla Gildon	Wellness Director
Roxanne Alinsug	Wellness Coordinator
Ashley Abdulla	Dietary Manager
Karleann Leite	Office Manager
Sahar Hussain	Sales & Marketing Director
Gerardo Parra	Maintenance Director

Important Numbers

Main Number	281-556-6020
Fax	281-556-0136
After-Hours Security	713-876-5134
After-Hours Assisted Living	346-480-5112
Isabel/Salon	832-316-0172

Medical Services

Dr. Aman Ali Jafar	By Appointment
Dr. N. Ahmed	By Appointment
Dr. Zock-A-Zock	By Appointment
Merci Gathogo, NP	By Appointment
Podiatrist	By Appointment
Mobile Dentistry	By Appointment



January 2025



Happy New Year!

"Ring out the old, ring in the new,
Ring, happy bells, across the snow:
The year is going, let him go;
Ring out the false, ring in the true."

—Alfred Lord Tennyson

We want to wish all of our residents a happy new year.

We hope it's the best one yet! Our resolution for the year remains the same as always: To ensure our residents have a wonderful place to call home. Let us know if there is anything we can do to better fulfill this resolution. Happy New Year!

THIS MONTH'S BIRTHDAYS:

- 1/02 - Mui T.
- 1/07 - Mercedes J. (staff)
- 1/16 - Helen J. 100th Birthday!
- 1/19 - Glenn B.
- 1/26 - Claudia T. (staff)

HOLIDAY SPIRIT

Residents jumped into the holiday spirit and helped decorate the Christmas trees in the multi-purpose room, second and third floor lounge area.



Act of Kindness



TASTE OF TEXAS

A prime cut of beef, a baked potato and a side of greens. Across America, those are the makings of a classic steakhouse meal.



DACAMERA

The Abbey community enjoys going to the DACAMERA of Houston musical performances in the Wortham Theater for the Holidays!



Out & About



ICE CREAM SOCIAL



Scooped in a dish, on a cone or in a sundae, ice cream is often a crowd-pleaser!



WINTER LIGHTS



The Abbey residents enjoyed the festive displays of holiday lights on our Christmas joy rides.



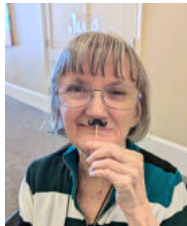
ABBEY ANNIVERSARY



The Abbey Independent Living celebrated their 10th year anniversary since it opened.



THE GOLDEN GIRLS



Residents enjoyed the spectacular tap dance performances from the "The Golden Girls"



HAPPY HOLIDAYS!

We enjoyed carols presented by the Anderson family.





Happy Holidays from the Lake family & staff!

