

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Assisted Living Community

						<p>1</p> <p>9:30am Morning Stretch (MR) 10:00am Daily TV Mass (MR) 11:00am Singalong (MR) 1:30pm Texas Documentary (MR) 3:00pm Wordsearch (CR) 4:00pm Table Games (CR) 6:15pm Evening Movie (MR)</p>
<p>2</p> <p>9:30am Spiritual Hymns (K) 10:00am Covent Presbyterian Church Service (K) 11:00am Catholic Communion with Roger (MR) 1:30pm BINGO! (CR) 3:00pm Popcorn Social (MR) 4:00pm Singalong (MR) 6:15pm Sunday Matinee (MR)</p> <p>Groundhog Day</p>	<p>3</p> <p>9:30am Spiritual Hymns (K) 10:30am Snack & Hydration (K) 11:00am Be Fit with Fitness Director – Kathi Hill (K) *ALL PROGRAMS GATHERING* 2:30pm "Pain Management Redefined" presentation by Rocky Creek Integrated Medical & Wellness Center (IL, 2nd CR) 4:00pm Garden Club (SR) 6:15pm Evening Movie (MR)</p>	<p>4</p> <p>8:00am Monthly Resident Weight in (GR) 9:30am Morning Stretch (MR) 10:00am Motivation Group with Roger (CR) 11:00am Devotion with Roger (K) 1:30pm Sun & Sit (K) 3:00pm Noodle Ball (2nd LR) 4:00pm Dominos (2nd LR) 6:15pm Evening Movie (MR)</p>	<p>5</p> <p>9:30am Ash Wednesday (MR) 10:00am Bus Leaves for "Little Day Music" - DACAMERA (Sign-Up – Meet in Lobby) 10:30am Snack & Hydration (K) 11:00am Noodle Ball (K) 1:30pm BINGO! (K) 3:00pm Finish that phrase (CR) 4:00pm Documentary (MR)</p>	<p>6</p> <p>9:30am Morning Stretch (MR) 10:00am Daily Chronicles (CR) 11:00am Spa Social (CR) 1:30pm Sun & Sit (CR) 3:00pm Scrabble (CR) 4:00pm Singalong (2nd LR) *4:00pm One-on-One Activities* 6:15pm Evening Movie (MR)</p>	<p>7</p> <p>9:00am Spiritual Hymns (K) 9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) 11:00am Watercolor (K) 1:30pm BINGO! (CR) 3:00pm Ice Cream Social (MR) 4:00pm Finish that Phrase (CR) 6:15pm Evening Movie (MR)</p>	<p>8</p> <p>9:00am Spiritual Hymns (K) 9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) 11:00am Singalong (K) 1:30pm BINGO! (CR) 3:00pm Memory Sharing (CR) 4:00pm Guess that object (MR) 6:15pm Evening Movie (MR)</p>
<p>9</p> <p>9:30am Spiritual Hymns (K) 10:00am Covent Presbyterian Church Service (K) 11:00am Catholic Communion with Roger (MR) 1:30pm BINGO! (CR) 3:00pm Superbowl LIX – Football Kickoff (MR) 4:00pm Singalong (MR) 6:15pm Sunday Matinee (MR)</p>	<p>10</p> <p>9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) 11:00am Just Dance (K) 1:30pm BINGO! (CR) 3:00pm Family Feud (CR) 4:00pm Garden Club (SR) 6:15pm Evening Movie (MR)</p>	<p>11</p> <p>9:30am Morning Stretch (MR) 10:00am Motivation Group with Roger (CR) 11:00am Bible Study (CR) 1:30pm Sun & Sit (CR) 3:00pm Parachute Game (2nd LR) 4:00pm Dominos (2nd LR) 6:15pm Evening Movie (MR)</p>	<p>12</p> <p>9:30am Morning Stretch (MR) 10:00am Monthly Resident Activities Chat (CR) 11:00am Noodle Ball (K) 1:30pm BINGO! (CR) 3:00pm Finish that phrase (CR) 4:00pm Documentary (MR)</p> <p>Tu B'Shevat Begins</p>	<p>13</p> <p>9:30am Morning Stretch (MR) 10:00am Daily Chronicles (CR) 11:00am Spa Social (K) 1:30pm Sun & Sit (CR) 3:00pm Scrabble (CR) 4:00pm Singalong (2nd LR) *4:00pm One-on-One Activities* 6:15pm Evening Movie (MR)</p>	<p>14</p> <p>*ALL PROGRAMS GATHERING* 10:00am Catholic Mass (IL) 10:30am – 11:30am Drum Circles with Xavier (DR) 12:00pm Abbey Residents Valentine's Lunch (DR) 1:30pm BINGO! (CR) *ALL PROGRAMS GATHERING* 3:00pm Valentine's Party - Live performance by Julia L. (Bistro, WC) 6:15pm Evening Movie (MR) Valentine's Day</p>	<p>15</p> <p>9:00am Spiritual Hymns (K) 9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) 11:00am Singalong (K) 1:30pm BINGO! (CR) 3:00pm Memory Sharing (CR) 4:00pm Guess that object (MR) 6:15pm Evening Movie (MR)</p>
<p>16</p> <p>9:30am Spiritual Hymns (K) 10:00am Covent Presbyterian Church Service (K) 11:00am Catholic Communion with Roger (CR) *Resident Reservation – MR* 1:30pm BINGO! (CR) 3:00pm Popcorn Social (CR) 4:00pm Singalong (MR) 6:15pm Sunday Matinee (MR)</p>	<p>17</p> <p>9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) 11:00am Laughter Yoga with Emma Ferguson RN (K) 1:30pm BINGO! (CR) 3:00pm Men's Club (MR) 4:00pm Garden Club (SR) 6:15pm Evening Movie (MR)</p> <p>Presidents' Day (U.S.)</p>	<p>18</p> <p>9:30am Morning Stretch (MR) 10:00am Motivation Group with Roger (CR) 11:00am Bible Study (MR) 2:30pm Cooking Demo with Ashley (2nd LR) 4:00pm Dominos (2nd LR) 6:15pm Evening Movie (MR)</p>	<p>19</p> <p>9:30am Morning Stretch (MR) 10:00am Monthly Cooking Chat Meeting (MR) 11:00am Noodle Ball (K) 11:00am Bus Leaves for Lunch at "House of Pie - Woodlands" (Sign-Up – Meet in Lobby) 1:30pm BINGO! (K) 3:00pm Finish that phrase (CR) 4:00pm Documentary (MR)</p>	<p>20</p> <p>9:30am Morning Stretch (MR) 10:30am – 11:30am Monthly Birthday Bash - Margarita Day with Jesus Alvarado (DR) 1:30pm Sun & Sit (CR) *ABBEY STAFF INSERVICE* 4:00pm Singalong (2nd LR) *4:00pm One-on-One Activities* 6:15pm Evening Movie (MR)</p>	<p>21</p> <p>9:00am Spiritual Hymns (K) 9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) 11:00am Door Décor (K) 1:30pm BINGO! (CR) 3:00pm Ice Cream Social (MR) 4:00pm Finish that Phrase (CR) 6:15pm Evening Movie (MR)</p>	<p>22</p> <p>9:00am Spiritual Hymns (K) 9:30am Morning Stretch (K) 10:30am Piano Performance by Carl Rubly (DR) 1:30pm BINGO! (CR) 3:00pm Memory Sharing (CR) 4:00pm Guess that object (MR) 6:15pm Evening Movie (MR)</p>
<p>23</p> <p>9:30am Spiritual Hymns (K) 10:00am Covent Presbyterian Church Service (K) 11:00am Catholic Communion with Roger (MR) 1:30pm BINGO! (CR) 3:00pm Popcorn Social (MR) 4:00pm Singalong (MR) 6:15pm Sunday Matinee (MR)</p>	<p>24</p> <p>9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) 11:00am Just Dance (K) 1:30pm BINGO! (CR) 3:00pm Family Feud (CR) 4:00pm Garden Club (SR) 6:15pm Evening Movie (MR)</p>	<p>25</p> <p>9:30am Morning Stretch (MR) 10:00am Motivation Group with Roger (CR) 11:00am Bible Study (MR) 1:30pm Sun & Sit (CR) 3:00pm Noodle Ball (2nd LR) 4:00pm Dominos (2nd LR) 6:15pm Evening Movie (MR)</p>	<p>26</p> <p>9:30am Morning Stretch (MR) 10:00am Monthly Resident Council Meeting (DR) 11:00am Noodle Ball (K) 1:30pm BINGO! (CR) 3:00pm Finish that phrase (CR) 4:00pm Johnny Cash Day - Documentary (MR)</p>	<p>27</p> <p>9:30am Morning Stretch (MR) 10:00am Daily Chronicles (CR) 11:00am Mini - manicures (CR) 1:30pm Sun & Sit (CR) 3:00pm Retro Day Social (MR) 4:00pm Singalong (2nd LR) *4:00pm One-on-One Activities* 6:15pm Evening Movie (MR)</p>	<p>28</p> <p>9:00am Spiritual Hymns (K) 10:30am – 11:30am Drum Circles with Xavier (DR) 1:30pm BINGO! (CR) *ALL PROGRAMS GATHERING* 3:00pm Houston Livestock Show & Rodeo with Guest speaker - Donna Fain (IL, 2nd CR) 6:15pm Evening Movie (MR)</p> <p>Ramadan Begins</p>	<p>Location Key: CR- Craft Room, 1st floor; ER- Exercise Room, 2nd floor; DR- Dining Room, 1st floor; LR- Lounge Room, 1st floor; SR- Sun Room, 2nd floor, and 3rd floor; MR- Multi-Purpose Room, 1st floor; K- Kensington - Memory Care, 1st floor; Bistro, WC - 1st floor Wellness Center; MPR – Multi-Purpose Room, 2nd floor Wellness Center; IL - CR – Independent Craft Room, 2nd Floor.</p>

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE