Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:00am Spiritual Hymns February 2025 9:30am Morning Stretch 10:30am Snack & Hydration 11:00am Singalong 1:15 pm Susie Q Singalong on YT 2:00pm Sensory Games 3:30pm Ring Toss 4:00pm Color with Music 6:15pm Evening Movie Kensington - Memory Care Enhancement 9:30am Spiritual Hymns (K) 8:00am Monthly Resident 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:30am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 10:00am Covent Presbyterian 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) Weight in (GR) 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) **Church Service (K)** 11:00am Be Fit with Fitness Director 10:30am Snack & Hydration (K) 11:00am Catholic Communion - Kathi Hill (K) 11:00am Watercolor (K) 11:00am Singalong (K) 11:00am Noodle Ball (K) 11:00am Spa Social (K) with Roger (MR) 1:30pm One-on-One Activities 11:00am Devotion with Roger (K) 1:30pm One-on-One Activities 1:30pm Noodle Ball 1:30pm BINGO! (K) 1:30pm Sun & Sit (K) 1:30pm Singalong 2:00pm Toss & Talk Ball 1:30pm Sun & Sit (K) 2:00pm Ring Toss 2:00pm One-on-One Activities 3:00pm Toss & Talk Ball (K) 4:00pm Singalong (2nd LR) 3:00pm Sensory Games 3:00pm Popcorn Social (MR) 3:00pm Ring Toss (K) 3:00pm Ice Cream Social (MR) 3:00pm Sensory Games *4:00pm One-on-One Activities* 4:00pm Sort & Match (K) 4:00pm Susie Q - Singalong 4:00pm Let's Puzzle 4:00pm Singalong (K) 4:00pm Let's Puzzle 4:00pm Let's Puzzle 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Sunday Matinee 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Evening Movie Groundhog Day 15 10 11 12 13 9:00am Spiritual Hymns (K) 14 9:30am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) *ALL PROGRAMS GATHERING* 10:00am Covent Presbyterian 9:30am Morning Stretch (K) 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) 10:00am Catholic Mass (IL) **Church Service (K)** 10:30am Snack & Hydration (K) 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) 10:30am Snack & Hydration (K) 10:30am Snack & Hydration (K) 10:30am - 11:30am Drum Circles 11:00am Catholic Communion 11:00am Just Dance (K) 10:30am Snack & Hydration (K) 10:30am Bus Joyride Leaves 11:00am Spa Social (K) 11:00am Singalong (K) with Xavier (DR) with Roger (MR) 1:30pm One-on-One Activities 11:00am Devotion with Roger (K) 11:00am Noodle Ball (K) 1:30pm Sun & Sit (K) 1:30pm Noodle Ball 12:00pm Abbey Residents 1:30pm Singalong 2:00pm Toss & Talk Ball 1:30pm Sun & Sit (K) 1:30pm BINGO! (K) Valentine's Lunch 3:00pm Puzzles (K) 2:00pm One-on-One Activities 3:00pm Superbowl LIX -3:00pm Sensory Games 3:00pm Ring Toss (K) 3:00pm Toss & Talk Ball (K) 4:00pm Singalong (2nd LR) 1:30pm Ring Toss 3:00pm Sensory Games Football Kickoff (MR) 4:00pm Let's Puzzle 4:00pm Singalong (K) 4:00pm Sort & Match (K) *ALL PROGRAMS GATHERING* *4:00pm One-on-One Activities* 4:00pm Let's Puzzle 4:00pm Susie Q - Singalong 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Evening Movie 3:00pm Valentine's Party - Live 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Sunday Matinee performance by Julia L. (Bistro, WC) Tu B'Shevat Begins Valentine's Day 22 16 17 18 19 20 9:30am Morning Stretch (K) 9:30am Spiritual Hymns (K) 9:30am Morning Stretch (K) 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 10:30am - 11:30am Monthly 10:00am Covent Presbyterian 10:30am Snack & Hydration (K) 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) Birthday Bash - Margarita Day 10:30am Snack & Hydration (K) 10:30am Piano Performance by **Church Service (K)** 11:00am Laughter Yoga with 10:30am Snack & Hydration (K) 10:30am Snack & Hydration (K) with Jesus Alvarado (DR) Emma Ferguson RN (K) 11:00am Catholic Communion 11:00am Door Décor (K) Carl Rubly (DR) 11:00am Noodle Ball (K) 11:00am Devotion with Roger (K) 1:30pm Sun & Sit (K) with Roger (MR) 1:30pm One-on-One Activities 1:30pm One-on-One Activities 1:30pm Noodle Ball 2:30pm Cooking Demo with 1:30pm BINGO! (K) *ABBEY STAFF INSERVICE* 1:30pm Singalong 2:00pm Toss & Talk Ball 2:00pm Ring Toss 2:00pm One-on-One Activities Ashley (2nd LR) 3:00pm Toss & Talk Ball (K) 3:00pm Popcorn Social (MR) 3:00pm Sensory Games 4:00pm Singalong (2nd LR) 3:00pm Ice Cream Social (MR) 3:00pm Sensory Games 4:00pm Singalong (K) 4:00pm Sort & Match (K) *4:00pm One-on-One Activities* 4:00pm Susie Q – Singalong 4:00pm Let's Puzzle 4:00pm Let's Puzzle 4:00pm Let's Puzzle 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Sunday Matinee 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Evening Movie Presidents' Day (U.S.) 24 25 26 27 28 9:30am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:00am Spiritual Hymns (K) 9:30am Morning Stretch (K) 9:00am Spiritual Hymns (K) 10:00am Covent Presbyterian 9:30am Morning Stretch (K) 9:30am Morning Stretch (K) 10:30am - 11:30am Drum Circles 10:30am Snack & Hydration (K) 9:30am Morning Stretch (K) 10:30am Bus Joyride Leaves 10:30am Snack & Hydration (K) with Xavier (DR) **Church Service (K)** 11:00am Just Dance (K) 10:30am Snack & Hydration (K) 1:30pm One-on-One Activities 11:00am Catholic Communion 11:00am Noodle Ball (K) 11:00am Mini - manicures (K) 1:30pm One-on-One Activities 11:00am Devotion with Roger (K) 2:00pm Ring Toss 1:30pm BINGO! (K) with Roger (MR) 1:30pm Sun & Sit (K) 2:00pm Toss & Talk Ball 1:30pm Sun & Sit (K) 3:00pm Sensory Games 3:00pm Toss & Talk Ball (K) 3:00pm Retro Day Social (MR) 1:30pm Singalong 3:00pm Sensory Games 3:00pm Ring Toss (K) 4:00pm Let's Puzzle 3:00pm Popcorn Social (MR) 4:00pm Johnny Cash Day -4:00pm Singalong (2nd LR) 4:00pm Let's Puzzle 4:00pm Singalong (K) 6:15pm Evening Movie 4:00pm Susie Q – Singalong Documentary (MR) *4:00pm One-on-One Activities* 6:15pm Evening Movie 6:15pm Evening Movie 6:15pm Sunday Matinee 6:15pm Evening Movie 6:15pm Evening Movie Ramadan Begins *ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE*