Sunday	Monday	Tuesday	Wedpeedey	Thursday	Eridov	Soturdov
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: DR-Dining Room; PDR- Private Dining Room RR- 2 nd floor Activity Room; CY- Courtyard GS- 2 nd floor General Store; PT- 3 rd floor Theater BSL- 4 th floor Sports Lounge; WC- Wellness Center MPR-2 nd floor Multi-Purpose Room (Wellness Center) AL, MR- Assisted Living, Multi-Purpose Room (1 st floor)		10:00 Wii Bowling Beauties (RR) 1:00 Bridge Club (BSL) 1:30 Pedal the world (RR) 2:00 Squiggle Ball (RR) 3:00 TOWH HALL MEETING (2nd floor Lobby) 7:15 Evening Movie (PT)	Celebrating Jazz Appreciation Month Lunch Boxes TO-GO (Lobby) 10:25 Flexibility & Gentle Stretching Class with Kathi (RR) 1:30 Fun Therapeutic: Adult coloring pages (RR)	10:00 Wii Bowling: King & Queen Pins (RR) 10:15 Giant Crossword Puzzle (2nd fl. Lobby) 1:30 Pedal the world (RR) 2:00 Manicure with Irina & Kori ~ Sign up (GS) 3:30 EXPERT TALK (RR) "Texas Revolution" by guest speaker Carole Jensen 7:15 Evening Movie (PT)	1:00 Bridge Club (BSL) 1:30 Flexibility & Gentle Stretching (2nd Floor Lobby) 3:00 EXPERT TALK (RR) "Martha's Senior Gournmet" Guest	9:00 Garden Club (2nd floor, Courtyard) 10:30 Morning Exercise (RR) 1:30 Afternoon Matinée ~ DVD (PT) Treasures of America's National Parks *All Programs Gathering* 3:00 "Echoes of Time" A Journey Through Classical & Contemporary Piano" (Assisted Living, DR) 4:00 Rummikub for fun (BSL) 7:15 Evening Movie (PT)
11:00 Catholic Communion with Roger (AL, MR) 2:00 Chapelwood United Methodist Church Online Worship Service (PT) 2:30 Cookies & Humor Social (BSL) 3:30 Tallowood Baptist Church ~ DVD (PT) 4:00 Rummikub for fun (BSL) 7:15 Sunday Movie (PT)	"Cultural Traditions of Ukraine" Presentation by Art & Life Coach Natalia Kachanova 7:15 Evening Movie (PT)	10:00 Wii Bowling Beauties (RR) 1:00 Bridge Club (BSL) 1:30 Pedal the world (RR) 2:00 Squiggle Ball (RR) *All Programs Gathering* 3:00 Baseball Event with Entertainer & Former Astros Organist, Jim Connors (WC, Bistro) 7:15 Evening Movie (PT)	"Martha's Bloomers" Home & Garden Store. Lunch at Martha's Team Room & Café (Lobby) 10:25 Flexibility & Gentle Stretching Class with Kathi (RR) 1:30 Fun Therapeutic: Adult coloring pages (RR) 3:30 Quarter BINGO & POPCORN (RR) 7:15 Evening Movie (PT)	& Queen Pins (RR) 10:15 Giant Crossword Puzzle (2 nd fl. Lobby) 1:30 Pedal the world (RR) 3:00 Monthly Birthday & Wedding Anniversary Celebration with entertainer, Jesus Alvarado (RR) 7:15 Evening Movie (PT)	9:30 Senior Seated Stretch Class 11 with Ryan (2 nd Floor Lobby) *All Programs Gathering* 10:00 Catholic Mass & Communion with Father Joseph from Saint Justin Martyr Catholic Church (RR) 1:00 Wii Bowling Follies (RR) 1:00 Bridge Club (BSL) 1:30 Flexibility & Gentle Stretching (2 nd Floor Lobby) 2:30 Greeting Card Workshop (RR) 7:15 Evening Movie (PT)	9:00 Garden Club (2nd floor, Courtyard) 10:30 Morning Exercise (RR) 1:30 Afternoon Matinée ~ DVD (PT) "Babe Ruth Story" 4:00 Garden Club's Fundraising Happy Hour with entertainer Maurice Daugherty (2 nd floor, courtyard) 7:15 Evening Movie (PT) Passover Begins
10:30 Morning Exercise (RR) 11:00 Catholic Communion with Roger (AL, MR) 2:00 Chapelwood United Methodist Church Online Worship Service (PT) 2:30 Peach Cobbler & Scrabble (BSL) 3:30 Tallowood Baptist Church ~ DVD (PT)	10:15 Card Kit Class (RR) 1:00 Bible Study with Fred B. (RR) 2:00 Easter Egg Scavenger Hunt Begins! 3:00 Arts & Crafts Workshop (RR) Spring Craft & Easter Egg Coloring	*All Programs Gathering* 10-3 Community Spring Market Indoor Sale (1st & 2nd floor) 1:00 Bridge Club (BSL) 2:30 BroadwayHD presents "Titanic: The Musical" (PT) 7:15 Evening Movie (PT)	8:15 Bus Leaves for Schulenburg, TX Painted Churches of Texas Tour and Lunch at "The Garden Co" New American Cuisine (Lobby) 10:25 Flexibility & Gentle Stretching Class with Kathi (RR) 1:30 Fun Therapeutic: Adult coloring pages (RR) 3:30 Quarter BINGO & POPCORN (RR) 7:15 Evening Movie (PT)	Kentucky Derby Style with "Xavier & Company" Band 1:30 Pedal the world (RR)	1:00 Wii Bowling Follies (RR) 1:00 Bridge Club (BSL) 1:30 Flexibility & Gentle Stretching (2 nd Floor Lobby)	9:00 Garden Club (2nd floor, Courtyard) 10:30 Morning Exercise (RR) 1:30 Afternoon Matinée ~ DVD (PT) 30 Years of National Geographic Specials 2:30 Baking Club (RR) *Easter Dirt Cake* 4:00 Rummikub for fun (BSL) 7:15 Evening Movie (PT)
11-2 SUNDAY EASTER BRUNCH with pianist, Ed White (DR) 11:00 Catholic Communion with Roger (AL, MR) 2:00 Chapelwood United Methodist Church	10:15 Coffee & Donuts with Kathi (Bistro, WC) 1:00 Bible Study with Fred B. (RR) 3:00 Laughter Wellness with instructor, Emma Ferguson (RR) 7:15 Evening Movie (PT)	*Meet at the front desk* 10:00 Wii Bowling Beauties (RR) 1:00 Bridge Club (BSL) 1:30 Pedal the world (RR) 2:00 Squiggle Ball (RR)	Kitchen" (Lobby) 10:25 Flexibility & Gentle Stretching Class with Kathi (RR) 1:30 Fun Therapeutic: Adult coloring	10:00 Wil Bowling: King & Queen Pins (RR) 10:15 Giant Crossword Puzzle (2 nd floor, Lobby) 1:30 Pedal the world (RR) 3:00 *All Programs Gathering*	9:30 Senior Seated Stretch Class 25 with Ryan (2 nd Floor Lobby) 1:00 Wii Bowling Follies (RR) 1:00 Bridge Club (BSL) 1:30 Flexibility & Gentle Stretching (2 nd Floor Lobby) *All Programs Gathering* 3:00 University of Houston Presents: Classical Music Spring Concert (WC, MPR) 7:15 Evening Movie (PT)	National Pretzel Day! 9:00 Garden Club (2nd floor, Courtyard) 10:30 Morning Exercise (RR) 1:30 Afternoon Matinée ~ DVD (PT) The Dean Martin Celebrity Roasts 3:00 Pretzels, Beer & Bingo! (RR) 4:00 Rummikub for fun (BSL) 7:15 Evening Movie (PT)
11:00 Catholic Communion with Roger (AL, MR) 2:00 Chapelwood United Methodist Church Online Worship Service (PT) 1:45 Bus Leaves for Stratford Playhouse	3:30 Men's Club Social (BSL)	10:00 Wii Bowling Beauties (RR) 1:00 Bridge Club (BSL) 1:30 Pedal the world (RR) 2:00 Squiggle Ball (RR) 3:00 Cooking Demo with Chef	10:25 Flexibility & Gentle Stretching Class with Kathi (RR) 1:30 Fun Therapeutic: Adult coloring pages (RR) 3:00 Appreciation Party for The Abbey Driver & Beauty Salon Staff (2 nd floor, lobby) 4:30 Bus Leaves for Dine Around Houston to "Seasons 52" New American Cuisine (Lobby) 7:15 Evening Movie (PT)	Ap	ril 2 CALENDAR *	025 INDEPENDENT LIVING*
The Abbey Independent	e <mark>nt Liv</mark> ing ~ 2855 Wes	tminster Plaza Drive.	Houston, TX 77082 ~ /	ACTIVITIES & TIMES	ARE SUBJE <mark>CT TO CH</mark>	ANGE