



2855 Westminster Plaza Drive • Houston, TX 77082 • (281) 556-6020

Staff Directory



Maria Alvarado Executive Director
 Raquel Tiller Move In Coordinator
 Adwans Casanova Office Manager
 Roger Elkhouri Executive Chef
 Kathi Hill Fitness Director
 Irina Wardrip Social Director
 Gerardo Parra Maintenance Director



HAPPY EASTER!

It's a time of rebirth and renewal. Whether you're celebrating the arrival of spring, bunnies bearing eggs or the religious significance of Easter, our staff wishes all of you a wonderful holiday.

THE ABBEY EASTER BRUNCH

Sunday, April 20
 11:00 AM - 2:00 PM
 Dining Room

~ Music by Pianist Ed White ~
 ~ Photos with the Easter Bunny ~



April 2025



Great Event for Entire Community!

Join us for the
 SPRING MARKET INDOOR SALE

Tuesday, April 15
 10:00 AM - 3:00 PM

Independent Living (4-story building)

Fashion apparel, jewelry, cosmetics, art, home décor,
 door wreaths, baked goodies and more!

Find us on



Out & About



'60s Dinner at Stafford Centre



The Motortown All-Stars Concert



Russian Cultural Center Exhibit "Reflections of Georgia"



Month at a Glance



- 4/3 Armchair Astronomy
- 4/4 Martha's Senior Gourmet
- 4/5 Piano Concert by UOH
- 4/6 Ice Cream & Humor Social
- 4/7 "Cultural Traditions of Ukraine"
- 4/8 Annual Baseball Party with entertainer, Jim Connors
- 4/10 Monthly Birthday & Anniversary Celebration
- 4/13 Peach Cobbler & Scrabble
- 4/14 Laughter Wellness
- 4/14 Easter Egg Scavenger Hunt
- 4/16 Chef's Table 3-Course Meal
- 4/17 Kentucky Derby-BBQ Style
- 4/19 Baking Club
Easter Dirt Cake
- 4/20 Easter Trivia & Cookies
- 4/21 Watercolor Workshop
- 4/24 Volunteer Appreciation Event
- 4/25 Classical Music Concert by UOH
- 4/27 Weekend Outing to the Stratford Playhouse
- 4/28 Meet & Greet Social
- 4/29 Chef's Cooking Demo
- 4/30 The Abbey Driver & Hairstylist Appreciation Party



Assisted Living residents are ready for Baseball season!



MARDI GRAS PARTY & PARADE with Zydeco Music, Beads, Masks & French 75 Cocktail!



Team Member Highlight



Employee Appreciation Event

Healthy Lifestyle



Our community celebrated National Nutrition Month with healthy appetizers, while learning important tips about food, nutrition & healthy diet from The Abbey's Dietitian, Cynthia A. Wolfram.



Activities



Join us for BINGO & POPCORN
Every Wednesday at 3:00 PM
2nd floor, Activity Room



The Great Global Cleanup

Let's do our part and get together to clean up outside of our beautiful community!



We supply: Trash bags, gloves, trash pickers and snacks!
Bring: Hat, sunglasses and sunscreen!

Meet at the front desk on Tuesday, 4/22, at 9:30 AM.



Brain Games



In honor of Presidents Day, our residents completed a 300-piece jigsaw puzzle and traced the history of American Presidency in the White House, from George Washington to the 47th president!



Health & Fitness



SQUIGGLE BALL

If you need to improve your concentration, enhance hand strength and dexterity, we are offering a stress-reduction class every Tuesday at 2pm, 2nd floor, Activity Room! Join us!



Join us for the Garden Club's Fundraising Happy Hour on Saturday, 4/12, at 4pm, on the 2nd floor courtyard!



The Abbey's Directors celebrated International Wig Day! We aim to make you happy!